



Island Sun

Daylight Savings
Time Begins Sunday,
Fall Back
One Hour

VOL. 24, NO. 19

SANIBEL & CAPTIVA ISLANDS, FLORIDA

NOVEMBER 4, 2016

NOVEMBER SUNRISE/SUNSET: 4 7:40 • 6:45 5 7:40 • 6:44 6 6:41 • 5:43 7 6:42 • 5:42 8 6:42 • 5:42 9 6:43 • 5:41 10 6:44 • 5:41

Optimists Blues And Jazz Festival This Sunday



Matt Schofield

photo courtesy Sanibel-Captiva Optimist Club

On Sunday, November 6 from 1 to 7 p.m., the Sanibel Jazz and Blues Fest comes to Bailey's General Store, located at 2477 Periwinkle Way.

Four bands will perform that afternoon: The Jazz-Matics at 1:15 p.m.; JP Soars and the Red Hots at 2:35 p.m.; local favorite The Marty Stokes Band at 3:35 p.m.; and British Blues Hall of Fame member Matt Schofield at 5:15 p.m.

Ticket donations are \$40 for general admission and \$125 for VIP admission. They continued on page 21



Helping to promote FISH of SanCap's 2016 Holiday Baskets program are, from left, Dottie Polak, Nitza Lopez, Joi Dupler, Betty Rebhorn and Jessi Zeigler photo by Jeff Lysiak

FISH Holiday Meal Baskets To Help 65 Local Families

by Jeff Lysiak

Thanks to the generosity of island "neighbors helping neighbors," up to 65 local families will have a brighter Thanksgiving this season.

A program started by FISH of SanCap 35 years ago – Holiday Meal Baskets – will again supply those in need with a meal during the upcoming holiday. Joi Dupler, FISH agency assistant, explained that the non-profit human services continued on page 15

Ocean Art Offered At Sea School

by Jeff Lysiak

Every Tuesday afternoon during the month of December, the Sanibel Sea School will be offering an after school program focused on creating art-work out of natural materials.

Ocean Art, open to students enrolled in first through fifth grade, will take place from 3:30 to 5:30 p.m. on December 6, 13, 20 and 27 at Sanibel Sea School. Tuition is \$20 per class and there is a limit of 20 participants per class.

"We're going to be creating something different every week," explained Nicole Finnicum, Sanibel Sea School's director of education. "Kids can enroll for all four weeks, or just drop-in for one class."

According to Finnicum, rather than having youngsters making art projects from traditional materials, they'll be



From left, Sanibel Sea School campers Blanca Bravo, Suraj Khakee and Eric Gustafson apply paint to a mullet before practicing gyotaku, a Japanese form of fish printmaking photo courtesy Sanibel Sea School

creating things out of items found in nature such as palm fronds, coconuts, shells, sea grape leaves, sticks, sand

dollars and sea urchin skeletons.

"We're going to go out and let the continued on page 28

Veterans Day Ceremony At Sanibel City Hall

The City of Sanibel and the Lee Coast Chapter of the Military Officers Association of America (MOAA) will conduct the annual Veterans Day ceremony to honor our military veterans on Friday, November 11. It will be held on the grounds of Sanibel City Hall, located at 800 Dunlop Road, with military music beginning at 10:45 a.m. and the ceremony starting at 11 a.m.

Fred Bondurant, past MOAA chapter president, will officiate the ceremony. Sanibel Mayor Kevin Ruane, city council members and City Manager Judie Zimomra are expected to participate. The BIG ARTS Concert Band will provide music plus a JROTC rifle demonstration team from Estero High School will perform a drill.

This year's guest speaker is former United States Air Force Capt. Rabbi continued on page 8

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Outside Play Is A Big Part Of The Day



Friends Angelina Roa and Valentina Bell show off their playground-made tiaras
photos courtesy CECI

The Children's Education Center of the Islands (CECI) believes that children need to be outside, playing and learning. In a world where childhood obesity has doubled and youngsters have declining creativity, concentration and social skills, outside play is a valuable teaching tool.

Outside play helps children develop their fine and gross motor skills, enhances their imagination and attention span, and lowers their aggression levels. Kids also become better stewards of their environment, an excellent fit for this environmentally conscience island. Playing outside in the dirt has also been shown to lead to happier, healthier lives for children, strengthening immune systems and lowering cases of allergies and asthma.

CECI is a nonprofit preschool, offering full-time and part-time classes for children ages 18 months to 5 years old. Voluntary pre-K (VPK) classes are from 9 a.m. to noon, Monday through Friday. There is no charge. Wrap-around care for VPK students is also offered. The preschool is currently accepting applications for the 2016-2017 school year. Scholarships are available on a limited basis.

For more information, call 472-4538 or visit www.childrenseducationcenter.com.



Last year's VPK class planted banana trees for the entire preschool. Dawsyn Dewing, Simon, Kayla Cavanagh and Maja Mossberg helped with this one.



Harrison Jones adds plenty of ketchup to his meal of western grub during LOGOS Western Night at Sanibel Community Church
photo courtesy SCC

LOGOS Western Night At Sanibel Community Church

On October 26, LOGOS celebrated one of the LOGOS kids' favorite themes: Western Night. Everyone seemed to love hangin' around, with a lot of "Yee-Haws" happening throughout the night from the little buckaroos.

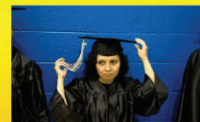
Kids came dressed in their cowboy gear and chowed down on good grub. They thanked the cooks to the tune of *Deep In The Heart Of Texas*.

This family program takes place each Wednesday at Sanibel Community Church (SCC), located at 1740 Periwinkle Way, from 3:30 to 6:45 p.m., and involves kids ages 3 through fifth grade. For additional information, contact Kathy Cramer at 472-2684.



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Historical Village Kicks Off Luminary Planning



The historical village Luminary team is planning a 1950s Christmas celebration. Front row, from left, Board of Directors member Gail Garlinghouse, Alison Ward, Terry Jacob and Sherry Halleran. Back row, from left, Susan Potts, John Potts, Board of Directors member Bill Bachman, Nancy Travis, event co-chairs Gayle Pence and Laura Beckenbaugh, Nanette Laurion, Carol DiCorpo and Connie Bukowick photo courtesy SHV

A team of volunteers met this week to kick-off planning for the historical village's pre-Luminary festivities from 3:30 to 5:30 on Friday, December 2. The theme this year is A Sanibel '50s Christmas ... Residents, Snowbirds, Tourists and Ferries.

Each of the village's nine authentic period buildings be decorated with a nod to the 1950s and hosting interactive activities for visitors. Treats will be served in each building and the museum store will be open for Christmas shopping.

The day will include a display of vintage tablecloths, as well as special photo opportunities at two of the village houses. Students from The Sanibel School are working on a display for the village's 1896 one-room schoolhouse.

Miss Charlotta's Tea Room will be transformed into Casa Marina, the restaurant that was down by the ferry. Casa Marina had the only telephone in the east end

of the island. They didn't get electricity even after it was available, so there was no refrigeration. Although they used ice chests, many dishes were served warm. What was their most popular item? Peanut butter and jelly sandwiches.

The BIG ARTS Brass Ensemble and Community Chorus will perform. BIG ARTS' galleries and gift shop will be open, offering art, snacks and beverages.

The village and museum is open from 10 a.m. to 4 p.m. Tuesday through Saturday. It is located at 950 Dunlop Road (next to BIG ARTS). Admission is \$10 for adults over 18. Docent-guided tours are available at 10:30 a.m. and 1:30 p.m. at no extra charge, based upon docent availability. There is handicap access to all buildings. For information, call 472-4648 during business hours or visit www.sanibelmuseum.org.

Island Seniors Get Silly, Spooky For Halloween



Many members of the Island Seniors, along with staff from Sanibel's Center 4 Life, got dressed up for Halloween on October 26 during their weekly hot dog grill-out. Among the costumes sported during the annual Goblin's Luncheon was a wizard, a pirate, a pig and Winnie the Pooh. photo by Jeff Lysiak

HOMECOMING

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There will be a special time for children, infant through first grade, during worship. Parents are encouraged to check them in at the Family Life Center by 9:50 a.m.

There will be no adult sunday school classes that morning.

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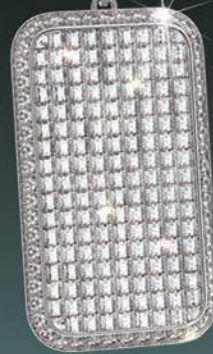
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The Suncoast Brass

photo courtesy SCUCC

Guest Musicians To Play At Veterans Services This Sunday

From prelude to postlude, and for all the music in between, special guest musicians the Suncoast Brass will play throughout both the 9 and 11 a.m. services on November 6 at Sanibel Congregational United Church of Christ. The services are part of the church's traditional Veterans Sunday commemoration.

The quintet is comprised of Alan R. Klispie and Chris Neron, trumpet; Dana Williams, French horn; Jamie Marshall, trombone; and Tom Kracmer, tuba.

Also on November 6, the church choir, directed by Dr. Elwood Smith, will be back for the first time this season at the 9 a.m. service. They will sing the ministry of music selection along with the Suncoast Brass and will join in as the ensemble plays the hymns. The quintet generally plays a march by John Philip Sousa as the postlude on Veterans Sunday.

November 6 is the week the church returns to three services each Sunday: a 7:45 a.m. chapel service and the full services at 9 and 11 a.m. Nursery care for children under 4 is available during both full services. Sunday School classes are held during the 9 a.m. service. On November 6 (the first Sunday of the month), these are for grades K-4.

The church is located at 2050 Periwinkle Way, across from the Periwinkle Place shopping area. For more information, call 472-0497.✱

Historical Village To Hold Volunteer Training

The Sanibel Historical Village board and committee members will conduct a special training program to get new docents started and help current docents refresh their memories about the many historical buildings, artifacts and stories to share with visitors.

The program consists of two classes, the first scheduled for 1 to 3 p.m. on Monday, November 7 in Shore Haven, and the second from 1 to 3 p.m. on Monday, November 14 in Shore Haven. Classes feature a general overview and presentations by village experts as well as a guided tour.

"Our training sessions are fun and a great way to meet people," said Museum Manager Emilie Alfino. "Anybody can docent, even if they start out without any specific knowledge of Sanibel history. We will teach you what you need to know and are always available to help." If interested in becoming a volunteer, call Alfino at 472-4648.

The Sanibel Historical Museum and Village is open from 10 a.m. to 4 p.m. Tuesday through Saturday. It is located at 950 Dunlop Road (next to BIG ARTS). Admission is \$10 for adults over 18; those under 18 and members are free. Docent-guided tours are available at 10:30 a.m. and 1:30 p.m. at no extra charge, based upon docent availability. There is handicap access to all buildings. For more information, visit www.sanibelmuseum.org.✱

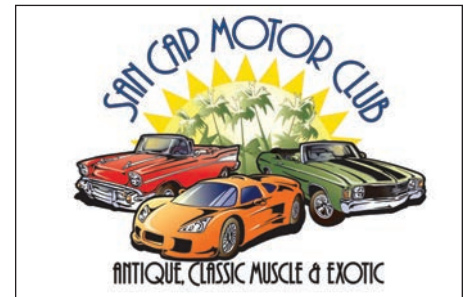


Docent Nancy Siegel at the Museum Gift Shop, one of the volunteer positions at the historical village photo courtesy SHV

Motor Club Cruise-In This Saturday

The San Cap Motor Club will be showing off their wheels at its monthly Cruise-in Cars and Coffee at Periwinkle Place Shopping Center on Saturday, November 5 from 9 to 11 a.m. Look for the checkered flag.

Whether you are in the club, have a vintage car to show off or just love



cars, everyone is welcome on the first Saturday morning of every month through May.

No pre-registration is required. Just show up with your car, truck or bike. Donuts, coffee and other refreshments will be provided.

Club T-shirts have arrived and will be available on site.

For more information, call Scot Congress at 472-4177 or Mike Stone at 322-0044.

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November Artist Of The Month

Throughout the year, Sanibel Congregational United Church of Christ (SCUCC) features the work of one or more artists each month. In November, the mixed-media works of Lorinda Bradford are on display in Fellowship Hall.

As a child, Bradford enjoyed drawing pictures and playing with paper dolls. She studied portrait painting for three years as a teenager living in Brazil and, later, created needlepoint canvasses professionally for many years.

She has taken a variety of art courses throughout her life, from stenciling on tin to SanCap Art League classes and workshops at BIG ARTS on Sanibel. Bradford said she created the adult portrait paper dolls on view at the church "for the sheer fun of it."

A portion of the sales benefits the church. The show is on view Sunday mornings and on weekdays during office hours when Fellowship Hall is not in use.

The church is located at 2050 Periwinkle Way, across from the Periwinkle Place shopping center. For more information, call 472-0497.✪



One of Lorinda Bradford's mixed-media pieces on view at the Sanibel Congregational United Church of Christ throughout November

photo courtesy SCUCC

Bible Study Offered

Sanibel Community Church is offering a new Bible study based on the writings of Dietrich Bonhoeffer. The study explores his book, *The Cost of Discipleship*, and deals with four major themes: What is the Church?; Living in Christian Community; Religionless Christianity; and Costly Discipleship.

Bonhoeffer transformed an entire faith community in Germany during World War

II and continues to impact the Christian faith of people today.

For more information on this study, contact Pastor Doug Hummer at doug@sanibelchurch.com. The book is not required for the class, but it is available at the Carpenter's Bookstore if you would like to dig deeper.

This study is free, and all are welcome to attend. Classes begin on Monday, November 7 from 6:30 to 8 p.m. in Fellowship Hall.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market).✪



From left, Courtney Livermon, Stephanie Schafer, Alicia Clark and Christine Szymanczyk make pumpkin wreaths
photos courtesy SCC

Meetings For Moms Encourage Friendship And Support

Moms ConnectinG, an open group of moms with young kids, met on Wednesday, October 19 to kick off their year with fellowship and a fall craft at Sanibel Community Church, located at 1740 Periwinkle Way.

The group encourages and equips women in an environment for growth, friendship, support and spiritual development. Moms meet the first and third Wednesday of each month from 9 until 11:15 a.m. Nursery care is available. These moms run on "island time," so child drop-off and brunch are during the first half hour.

Meetings held on November 2 and 16 will have a thankfulness theme. All moms are welcome.✪



Volunteers Needed!

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Council To Receive Civic Core Update In December



Sanibel Mayor Kevin Ruane, left, presenting retiring Chief of Police William Tomlinson an etched vase in honor of his 31 years of service to the community. Also pictured is Tomlinson's wife, Jennifer.

photo by Jeff Lysiak

by Jeff Lysiak

During the first opportunity for public comment during Tuesday's city council meeting, resident David Bath wasted no time in requesting an update on the status of the long-proposed Sanibel Civic and Cultural Core project, which – when it was last discussed in the spring – had been seeking off-island funding resources to help pay for the estimated \$42 million endeavor.

The civic and cultural core campus would be constructed on approximately 25 acres of land owned by the City of Sanibel and other participants, stretching east and south of the Sanibel Public Library. Under the design concept unveiled earlier this year, a new Island Seniors (Center 4 Life) building along with the BIG ARTS performance hall, theater and learning center would be interconnected to the existing library, city hall and Sanibel Historical Museum & Village by meandering walkways as well as bicycle and pedestrian paths. The proposed campus includes additional green space and a large community green for public gatherings. A total of 579 parking spaces would be incorporated at the site.

The estimated \$42 million to complete the project includes \$21 million to build the performance hall, theater, gallery and education center; \$8 million to build the new Center 4 Life, pavilions and other facilities; and \$13 million for roads, parking and infrastructure.

While approximately half of the total funding for the civic and cultural core project will be provided by BIG ARTS (\$12 million) and the City of Sanibel (\$8 million), in addition to the city's contribution of 25 acres of land, along with BIG ARTS' one acre of land, another \$22 million had been previously proposed to come from grants and other funding sources outside of Sanibel.

While he did not offer any specifics on the status of seeking funding for the project, Mayor Kevin Ruane stated that he has had a positive dialog with Lee County officials. He added that an update on the project would be provided during the December 6 city

council meeting.

"It certainly will be a referendum item in March," Ruane told the audience at MacKenzie Hall on November 1. "The key to this is getting the funding."

Another item proposed for a referendum in March will be amending the city's charter provision to compensate elected members of the city council. On Tuesday, the first reading of the proposed stipend ordinance was held; the second reading and a public hearing will be held on December 6.

The draft ordinance proposes paying each council member a monthly stipend of \$1,500 and the mayor a monthly stipend of \$2,000. "The mayor and all council members shall be entitled to receive their actual and necessary expenses incurred in the performance of their official duties," the amended charter reads, in part.

If approved next month, the referendum ballot language will read: "Shall Section 3.03 of the Sanibel City Charter (as codified) be amended to provide for the payment to each city council member, other than the mayor, a salary in the amount of \$1,500 per month, and to the mayor a salary in the amount of \$2,000 per month, during each council member's term(s) of office commencing April 1, 2017?" The question is followed by YES and NO.

Prior to the meeting, council and city staff honored outgoing Sanibel Chief of Police William Tomlinson, who is retiring following 31 years of service to the island community.

"We publically congratulate him and express thanks and appreciation from our entire community for his dedication and accomplishments while in service to the citizens of Sanibel and our heartfelt desire that he enjoy a very long, healthy and happy retirement," a proclamation in his honor reads, in part.

Members of the Sanibel Bicycle Club also serenaded Tomlinson with a special song during a meet-and-greet reception at city hall. Sung to the tune of *This Land Is Your Land*, the group sang:

*"This island's our land, this island's your land
We thank our police for keeping it safe
They guard the crosswalks and watch the bike paths
Led by Tomlinson, their chief
For 30 years, you've been on duty
Keeping Sanibel a safe place to stay
Now you're retiring and moving forward
Bike Club thanks you as you go on your way!"*

In other business, council members unanimously approved a number of consent agenda items including:

- Approving a number of Tourist Development Council grants for Facility/ Beach Maintenance – Erosion Control (\$1,533,000); Bowman's Beach Bridge Repair/Replacement (\$435,000); Lighthouse Beach Park – Main Access Boardwalk Replacement (\$225,000); Island Wide Beach Management Plan Update (\$125,000); Living Shoreline Restoration Pilot Project (\$77,750); and Beach Erosion Monitoring (\$40,000).
- Approving a purchase order from Harrington Resources, Inc. for replacement of 11 existing parking meters (\$132,215.70).
- Approving a request by the Sanibel Community Association (SCA) for 60 special event permits for calendar year 2017, with the conditions that all events with total attendance exceeding 100 persons secure police services to be deployed at the mid-block crosswalk adjacent to The Community House.*

From page 1

Veterans Day

James Rudin, a resident of Sanibel and active in interreligious affairs with the American Jewish Committee. He served congregations in Kansas City, Missouri and Champlain-Urbana, Illinois, and was an Air Force chaplain in Japan and Korea. He has written 17 books and been nominated for a Pulitzer Prize.

For those who have never attended, one of the most touching aspects of the ceremony is Remembrances, where veterans recall their military experiences and how they and others were affected by them. Any veteran who wishes to participate is welcome to do so.*

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OBITUARY



MYRA LEGG

Myra Legg, age 90, passed away peacefully on Monday, October 24, 2016 at 8:10 a.m. at Shell Point Hospice Care Unit in Fort Myers, after a brief illness.

Myra was born on June 25, 1926 to George and Josie Bratton in Bowling Green, Kentucky. She was the eldest of 4 children. She became a Christian at age 12 under the leadership and preaching of Brother Marshall Keeble and was baptized in the Barren River in Bowling Green. She married Silas Legg on July 8, 1951 and shared 43 years of marriage with him until

he passed away in September of 1994.

Myra was a beautician and a laundress while raising her children at home and later pursued a 23-year career as an educator at Henry C. Morton Elementary School in Benton Harbor, Michigan. Silas and Myra worked with the East Main Street Church of Christ in Benton Harbor until Silas' passing. They had a special interest in the spiritual and academic education of young people and were great supporters of Southwestern Christian College in Terrell, Texas.

Myra moved to Sanibel in 1996 and continued her life of giving and service here. She accumulated many hours of volunteer service at both Healthpark Hospital in Fort Myers and the Bailey-Matthews Shell Museum on Sanibel. Myra enjoyed visiting and helping her neighbors. She always maintained a happy and joyful spirit and greeted others with a beautiful smile. She enjoyed sharing her faith and love of Christ with others. Myra attended worship at the Southside Church of Christ in Fort Myers. Crochet, word search puzzles, making wreaths and helping her family were the joys of her life. Myra's life as a Christian and an American citizen has been exemplary, and she touched the lives of many in a very positive way. A host of relatives and friends will deeply cherish her memory and works always.

Myra is preceded in death by her siblings, Harold, JoNell and Verlane; her husband, Silas; and her loving and faithful daughter, Patricia. Myra's family members include four daughters and three sons-in-law, Dale and Charles Gannaway of Denver, Colorado; Willa Dean Booker

of Indianapolis, Indiana; Myra Jean and Oscar L. Gavin of Sanibel; C. Marie and Lawrence Hughes of Fort Myers; 13 grandchildren and five great grandchildren.

A celebration of Myra's life is scheduled for Tuesday, November 1, 2016 at 5 p.m. at the East Main Street Church of Christ located at 1451 East Main Street, Benton Harbor, Michigan. In lieu of flowers, the family has asked that donations be sent to Hope Hospice, 9470 Healthpark Circle, Fort Myers, FL 33908.

The Family of Myra Legg expresses its heartfelt gratitude to the Southside Church of Christ and Hope Hospice of Fort Myers and the East Main Street Church of Christ, Benton Harbor, Michigan. You may sign Myra's memory book online at www.horizonfunerals.com. Gratitude is also extended to Robbins Brothers Funeral Home and North Shore Memory Gardens, Benton Harbor, Michigan.*

FISH Helps Local Land Job

When Susie entered the FISH of SanCap Walk-In Center, she wasn't quite sure what to expect. She needed to find a job so she could support herself and continue with school, but was unsure where to start.

Susie had never written a professional resume before, and was anxious about the interview process.

"When I first came in (to FISH), I didn't know what to expect," she said. "They made me feel like I was among friends. They remembered my name and they remembered my story."

At FISH, Susie worked with agency assistant Joi Dupler to help with her job search. Susie also met, several times, with a qualified volunteer to assist with interviewing skills and resume writing. "Feeling the energy at FISH, I was able to get into the rhythm of a workforce," Susie said. "It gave me the confidence I needed."

With her confidence boosted and job-search skills improved, Susie was able to

secure a job as an associate-in-training with a regional financial group. Susie found the position by attending a job fair, brought to her attention by FISH's referral program.

"Without the confidence I received from FISH and their volunteers, I would never have actually gone to an interview," said Susie. "This new job will allow me to go back to school as early as next semester because the company is really flexible with scheduling and invests in their employee's education. And I can make double what I currently do, so I can afford to pay my own tuition," she added.

Susie said she wasn't sure where she would be without the help she got, and she encourages others to use the programs offered by FISH. "Go there with an open mind," she said. "Sometimes what you need and what you want are two different things. It's all about coming in with an open mind and being willing to hear new avenues that maybe you didn't think of before."

For more information, visit www.fishofsanap.org or call Jessi or Joi at 472-4775.*

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Children's Fashion Show And Luncheon



Students from Sanibel Christian Preschool gather before stepping out to model the stylings from Ickle Pickle at last year's fundraiser to benefit scholarships for the preschool
photos courtesy SCUCC

Limited tickets are still available for the 2nd annual Children's Fashion Show and Luncheon set for Sunday, November 6 at 12:30 p.m. to benefit the scholarship fund of the Sanibel Christian Preschool. The preschool is an outreach to the community by the Sanibel Congregational United Church of Christ (SCUCC) that offers a nurturing, quality preschool education for families of all backgrounds. This year the show and luncheon will be held at the church located at 2050

Periwinkle Way. The Ickle Pickle Children's Boutique, now in their new location, 2330 Palm Ridge Road across from CVS, will again provide the fashions.

Tickets are \$25 and include the show and a choice of either a Sanibel Club or chicken salad sandwich along with garden vegetable soup, accompaniments and dessert provided by Cip's Place restaurant and served by local high school and middle school youth.

The church opened the preschool in 2012 which is available to children regardless of background and faith. The scholarship program aims to assist parents in providing a quality education for their child.

For tickets or more information, call 472-0497.*

A Call For Shoes



Lilly Doster photo courtesy Buffy Ford

Hi, my name is Lilly Doster and I live here on Sanibel Island. How many pairs of shoes are in your closet? What would a pair of shoes mean to you if you didn't have any?

I am collecting shoes for Soles4Souls.org. This organization collects and distributes shoes to over 127 countries and all 50 states. They offer temporary relief by handing out shoes to those in need. They are currently offering support to those hit by Hurricane Matthew here in Florida. S4S also uses these shoes to create jobs in developing nations.

I think we are all blessed to live here in a place where we don't worry about shoes. I am hoping you will support me in blessing others less fortunate than we are. Please peek in your closet. If you have gently worn shoes you can live without, consider how those shoes could bless or change a life. You may drop off your shoes at either The Sanibel School or Sanibel Community Church.

Thank you so much for considering helping me help so many. I am so excited to deliver the shoes to S4S in Miami on November 19. I will be accepting donations until November 18. Thank you so much for considering this.

For more information on S4S, visit www.soles4souls.org.*



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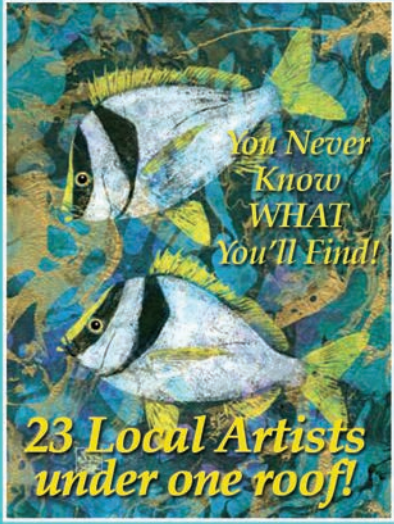


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2017 Sanibel Scenes Calendars

feature photos of local scenery and wildlife taken in and around Sanibel, so they are close to home.



In addition to the beautiful pictures, each month contains some tidbits of information or personal advice you should know. This is the fourth consecutive year for these popular calendars, and they are available at these island favorite stores:

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I ♥ Sanibel bumper stickers are also available at these favorite island stores.

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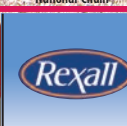
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Shell Of The Week

The Bubble Melampus



by José H. Leal,
PhD, Bailey-
Matthews National
Shell Museum
Science Director
and Curator

The bubble
melampus,
Melampus
bullaooides
(Montagu, 1808),
is a close relative

of the more commonly found, local coffee melampus (covered in last week's column). Similarly to the coffee melampus, the half-inch long bubble melampus lives in mangrove areas, where it thrives well above the tide lines. The shell shape of the bubble melampus is strikingly different, however, this species has a relatively longer and pointed *spire* (section of the shell where the *whorls*, or coils, are concentrated) and shorter *aperture* (shell opening). This imparts a "bullet shape" to the shell. The shell color is mahogany-brown, with fuzzy white bands near the shell suture (line where two whorls meet). Learn more about Sanibel and Captiva mollusks at <http://shellmuseum.org/shells/southwest-florida-shells>.

Shell Museum Events

Daily programs are included with paid admission:



The bubble melampus, *Melampus bullaooides*, from Sanibel Island

photos by José H. Leal

Live Tank Talks – Presented by a marine biologist throughout the day.
Arts & Crafts – 1:30 to 2:30 pm.
Please check our arrival board in the main lobby for updates to daily schedules.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

Power Squadron Boating Courses

The Sanibel Captiva Sail & Power Squadron announces two programs to learn boating operations in area waters.

A sunset cruise is planned for Thursday, November 10 and America's Boating Course will be taught in two sessions: Monday, November 21 and Saturday, December 3. Both programs are open to the public. Membership in the U.S. Power Squadrons is not required.

The cruise is an on-the-water learning experience where participants observe and understand navigation aids in both daylight and night-time conditions. Students see how various channels in waterways are marked for safe navigation. They also learn how to distinguish navigable deep water from non-navigable shallow areas and discover how boating is different in daylight versus night hours.

Waterways traveled include Punta Rassa, the mouth of the Caloosahatchee and the Sanibel Causeway.

The two-hour cruise begins at 4:30 p.m. at the Adventures In Paradise dock at Port Comfort, located at the second-to-last exit (Port Comfort Road Exit) before driving onto the Sanibel Causeway. The cost is \$20 per person payable by check to Sanibel/Captiva USPS. Checks should be mailed to:

continued on page 28

It's She Sells Sea Shells 40th Anniversary

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She Sells Sea Shells is celebrating 40 successful years on Sanibel at its 2422 Periwinkle Way location on Saturday, November 12 from 11 a.m. to 3 p.m. Those attending will receive a special gift.

Enter the conch horn-blowing contests, enjoy craft demos and guess how many shells in a jar. There will be refreshments by Bailey's General Store and drawings for prizes.

Take your family photo in front of the iconic sign and become a part of the She Sells Sea Shells family album on Facebook.

Giving back to the community is a core value of She Sells Sea Shells. A percentage of all sales on November 12, 13 and 14 will be donated to the Moffitt Cancer Center in Tampa. All customers for these three days will be given a 40 percent discount off any one item. No coupons are necessary for this event.

She Sells Sea Shells is an award-winning family owned and operated business since 1976 with two locations open 365 days a year. It is an ocean boutique including an eclectic inventory of shells and exotic sea life, jewelry, books, craft supplies, clothing and the most extensive collection of handmade shell crafts, including Christmas ornaments, novelties, animals and flowers.*



From page 1

Holiday Meals

organization's staff and social workers have identified families who are most in need of assistance.

"Thanks to the generosity of island businesses and donors who have supported this program for years, we're able to give these baskets to people in need," said Dupler.

In addition to a gift card from Bailey's General Store which may be used to purchase "proteins" such as meats, fish or poultry, Holiday Meal Basket recipients will receive a package filled with many fresh vegetables – including carrots, celery, potatoes and yams – along with canned goods like corn and green beans, and other traditional holiday staples.

"In the past, our baskets were filled with only shelf-stable foods," Dupler said. "Now, we're able to give away some fresh produce, which is much healthier."

According to Dupler, FISH asked prior program recipients what they liked most about the food contained within the baskets. One of the favorite items was the freshly-baked pies, provided by parishioners of St. Michael and All Angels Episcopal Church. This year, pies will also be included in each basket.

Holiday Meal Basket families will be able to pick up their baskets on November 22 and 23, just in time for Thanksgiving.

On Monday, November 7, FISH will host an open house at its headquarters, located at 2340-B Periwinkle Way on Sanibel. Staff and volunteers will be on hand to share information about the programs, workshops and services provided throughout the year. Refreshments will be served and additional parking will be available across the street in Bailey's Shopping Center.

Also, look for FISH's annual Holiday Campaign insert in the November 18 edition of the *Island Sun*.

In 2015, FISH impacted the lives of 1,478 households representing 2,092 individuals. More than 86,000 pounds of food were distributed to 350 households; 1,639 backpacks were distributed to 65 children; and 2,216 meals were delivered to 34 households.

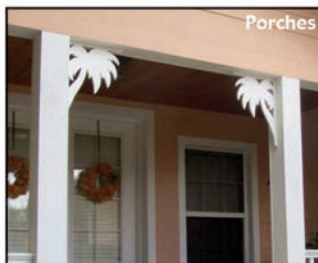
For more information about FISH of SanCap or to make a financial contribution, contact Joi Dupler at 472-4775 or joide@fishofsancap.org, or visit www.fishofsancap.org.*



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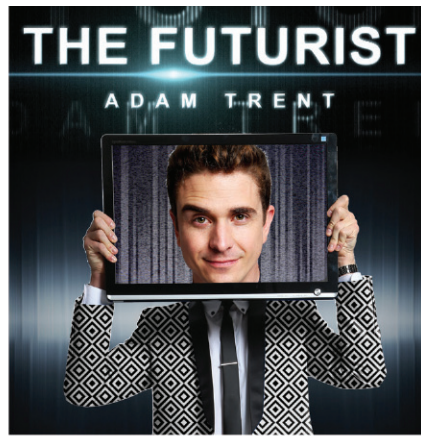


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Successful Fishing While Hiding From The Wind



by Capt. Matt Mitchell

The term "east northeast winds at 20 knots" has sounded and felt like a broken record for what seems like weeks now. Even during these blustery conditions,

there are plenty of places to get out of the wind and still enjoy a great day of fishing. Snook fishing this week was outstanding with nonstop action found in many of the protected mangrove creek systems throughout the sound. Along with snook, anglers caught a variety of species including trout, mangrove snapper, grouper, jacks and a few redfish.

With another week of windy conditions in the forecast, it's just not looking like we will see much, if any, short term break to the wind. Making the best of these windy days is all you can do. Unlike the offshore guys, back bay fisherman can still

get out and catch fish. Northeast wind is our prevailing wind direction all winter long. Learning to keep everyone comfortable while catching fish during this pattern is nothing new.

Exploring the many mangrove creek systems in Pine Island Sound during these windy days and learning the places the fish stage is the key to consistently catching fish all winter long. Most of our mangrove estuaries consist of shallow bays that are connected with narrow creeks. These narrow deeper creeks increase the tide flow and are most likely where the majority of the fish are during the lower water conditions.

Target the deeper, faster-moving water sections of these mangrove creeks. These can often be near or on a sharp bend or turn. Look for that shoreline where the tide is driving the current hard against an undercut shoreline,



Vince Nowell of Sanibel with one of many snook he caught while fishing with Capt. Matt Mitchell this week

creating a deep open spot up against the mangrove roots. These places are often feeding stations and, once located, can be productive time and time again. Only time spent on the water allows you to slowly work out these patterns. As the puzzle comes together, you learn what works in one creek system often works in another. Different tide directions and stages of the tide can be better in one creek than another.

Many of these creek systems have not changed much during the 30-plus years that I have been lucky enough to enjoy them. Although one certain creek may

be better than another from year to year, there are lots of bends, turns and little creek mouths that just produce fish over and over again. Learning that few square-mile estuary area close to home like the back of your hand will never pay off more than when it's windy.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✱

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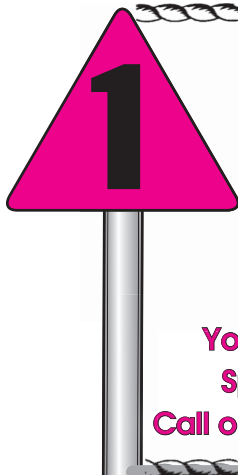
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Dave Doane

Plant Smart

Wand Blackroot

by Gerri Reaves

The scientific name, *Pterocaulon pycnostachyum*, perfectly describes wand blackroot, a native wildflower common throughout much of the southeastern United States.

In the wild, this member of the aster family often grows in Florida's open pinelands and sandhills.

Although considered a weed by many people – as are many native wildflowers – it is worth welcoming if it pops up in the landscape. It's a perfect addition to your wild or natural garden.

The term *Pterocaulon* refers to the stems, which have a ridged look that's created by slender green "wings." The term *pycnostachyum* refers to the spike of densely packed flowers.

The common name refers to the thick tuberous black roots which aid the plant in storing nutrients and surviving drought.

Other common names include densespike, dense blackroot, coastal blackroot, fox-tail and rabbit tobacco.

It grows eight to 24 inches tall and may be upright or sprawling.

The slender alternate leaves have undulating edges and a prominent central whitish vein. Elliptical or lance-like, they are up to four inches long. The leaf bases extend onto the stem to form the wings.

The leaves' dark-green upper sides contrast prettily with the whitish hairy undersides.



Wand blackroot is a native wildflower of the aster family photo by Gerri Reaves

The plant's most notable feature, however, is the cone-shaped often-drooping flower spike.

The flowerheads are packed with tiny greenish white or creamy rayless tubular flowers. They bloom most of the year, except in the coolest months, with new flowers having a pinkish tinge.

Butterflies such as the gray hairstreak, whirlyabout and Zebra swallowtail are attracted to the flowers.

Wand blackroot is a fast-grower and will grow in a variety of light conditions and even in nutrient-poor soil.

Resilient and low-maintenance, it has high drought tolerance and low salt tolerance. Give it well-drained soil.

You can propagate it with the seeds in the minute one-seeded fruit, but if allowed, the plant will self-seed.

The roots have been used medicinally to treat colds, menstrual cramps and headaches.

Sources: *Florida Wildflowers: Their Natural Communities* by Walter Kingsley

Taylor; *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor; *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio; *The Guide to Florida Wildflowers* by Walter Kingsley Taylor; *Illustrated Plants of Florida and the Coastal Plain* by Dr. David W. Hall; *Wildflowers* by Roger L. Hammer; lee.ifas.ufl.edu.

Plant Smart explores the diverse flora of South Florida.*

Film Takes Trip To Great Pacific Garbage Patch

As part of its Smithsonian Water/Ways exhibit, running through December 7, "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) continues its free weekly Wednesday film festival, sponsored by LCEC, on November 9 with *Plastic Paradise: The Great Pacific Garbage Patch*. The film will show at 10 a.m. and again at 1 p.m. in the "Ding" Darling Visitor & Education Center on Sanibel Island.

Midway Atoll – located in the middle of the Pacific Ocean, thousands of miles away from civilization – has become a paradise for plastic known as the Great Pacific Garbage Patch. This 57-minute documentary, which Al Gore called a "thoughtful new film" on Twitter, divulges the mysterious phenomenon and the insidious long-term effects of our rabid plastic consumption on

wildlife and our planet.

Admission is free to the film. Seating is limited and available on a first-come basis. Before and after the film, visitors are invited to experience the hands-on, first-of-its-kind Water/Ways and accompanying exhibits. They include a photographic Everglades exhibit by Mac Stone and the juried Engulfed art exhibit by the Southwest Florida Fine Craft Guild.

For more information on Water/Ways programming and a complete calendar, visit dingdarlingsociety.org/articles/waterways.

Following is the schedule of Wednesday Water Film Fest documentaries. All showings are free at 10 a.m. and 1 p.m. Seating is on a first-come basis.

November 9 – *Plastic Paradise: The Great Pacific Garbage Patch*

November 16 – *End Of The Line: Where Have All The Fish Gone?*

November 23 – *Can The Gulf Survive?*

November 30 – *Chasing Ice*

December 7 – *Sharkwater***

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Saturday, November 12, 2016

9:00 a.m. - 2:00 p.m.

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If you have any questions, please contact the Center 4 Life at (239) 472-5743.

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Photo by France Paulsen

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CROW Calendar

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rainbolt@crowclinic.org or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Friday, November 4, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Why Animals Come to CROW.

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

Monday, November 7, 11 a.m., adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite

patient stories. One of CROW's animal ambassadors will be present.

Tuesday, November 8, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Wednesday, November 9, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. Live animal encounter following presentation. One of CROW's animal ambassadors will be present.

Wednesday, November 9, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife walks are the best opportunity

for visitors to get an in-depth look into the inner workings of the hospital and the treatment process. The program has two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, November 10, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a "keystone species." CROW's presenter explains why they are admitted and how the medical staff treats this species.

One of CROW's animal ambassadors will be present.

Friday, November 11, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how

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Top Ten Books

1. *Seduced* by Randy Wayne White
 2. *Six Mornings on Sanibel* by Charles Sobczak
 3. *My Name is Lucy Barton* by Elizabeth Strout
 4. *Historic Sanibel & Captiva Islands* by Jeri Magg
 5. *Appetites* by Anthony Bourdain
 6. *The Whistler* by John Grisham
 7. *Killing The Rising Sun* by Bill O'Reilly
 8. *Circling The Sun* by Paula McLain
 9. *A Man Called Ove* by Fredrik Backman
 10. *The Birds of Florida* by Bill Pranty
- Courtesy of MacIntosh Books and Paper*

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From page 1

Blues And Jazz Festival

can be purchased at www.sanibelbluesandjazzfest.org, by visiting Bailey's General Store, Sanibel Captiva Community Bank, and George & Wendy's Seafood Grill, or at the festival entrance.

VIP admission includes reserved seating, pre-paid ticketholder limited reserved parking, a festival T-shirt, an opportunity to meet with the bands, food and drink service, and other amenities.

General admission participants are reminded to bring their own seats, although some seats will be available at the entrance. Food and beverages, including beer and wine, will be on-site for purchase. No coolers or outside food or beverages may be brought onto the grounds.

On-island parking is available in lots at The Community House/BIG ARTS Herb Strauss Theater, 2173 Periwinkle Way; SunTrust Bank, 2408 Periwinkle Way; Sanibel U.S. Post Office, 650 Tarpon Bay Road; after 1 p.m., Sanibel Congregational United Church of Christ, 2050 Periwinkle Way; Sanibel Public Library, 770 Dunlop Road; BIG ARTS, 900 Dunlop Road; and St. Michael and All Angels Episcopal Church, 2304 Periwinkle Way. All parking areas will have shuttle service to the festival grounds.

For VIP pre-paid ticket holders only, limited parking will be available across the street from the festival at Bank of America, located at 2450 Periwinkle Way.

Handicapped vehicle parking is available at Bailey's General Store at the Tarpon Bay Road entrance.

Bicyclists are encouraged to ride to the festival and receive free valet parking on the grounds.

Island Cinema will offer a "rest place" for attendees needing to escape the weather or for other reasons.

For more information, visit www.facebook.com/SanibelBluesandJazzFestival and on Twitter: #SanibelBlues2016.*

Shell Found



Wanda Warden and Ronald Traskos

photo by A. Ziehl

Wanda Warden and Ronald Traskos from Clarklake, Michigan found a juvenile junonia at West Gulf Beach #3 while staying at their second home in Periwinkle Park. "It was slightly raised over a shell pile with a Sanibel scoop, and it layed out onto the sand," Traskos said.*

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Refuge Names New Interns



Anne Mauro photos courtesy DDWS

Three interns recently arrived to help the JN “Ding” Darling National Wildlife Refuge with manpower shortages this season, thanks to funding from the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS). Emily Koval, who graduated from Indiana University in May 2015 with a degree in marketing and public relations, serves as a shared-use intern for DDWS and the refuge. The Carmel, Indiana native is assisting with digital content design projects and other outreach and refuge



work. “I grew up with Sanibel,” said Koval. “My family has been coming here since I was a kid - my parents honeymooned here - so I have always had a great appreciation for Sanibel’s wildlife. One of my favorite parts of the island is the fact that I get to experience such a unique and diverse wildlife population. Also, being five minutes away from a beach isn’t too shabby. The people at the refuge are also amazing. Everyone has been so welcoming.” Anne Mauro and Matt Grassi have joined the refuge biology team. Hailing from Whitehouse, Ohio, Mauro graduated from Ohio State University in December 2015 with a degree in forestry and wildlife management. She last worked as a



biological science technician with the U.S. Army Corps of Engineers on Lake Oahe in South Dakota, monitoring least tern and piping plover nests. She hopes to study the nesting success of wading birds at the refuge. “I like the rich diversity of birds and all the unique, rare birds that Sanibel attracts from time to time, such as the great white pelican and American flamingo,” said Mauro, who will stay at the refuge through June 2017. Grassi, a Pittsburgh, Pennsylvania native, was previously with the Florida Panther/Ten Thousand Islands National Wildlife Refuge east of Naples, where he served as a biological science aid. He earned his degree from Indiana University of Pennsylvania in May 2013.

“The staff has been great. And the birds have been plentiful, so it’s all good,” said Grassi, who is considering a human dimension study for the research portion of his biology internship, which extends into next summer. DDWS provides living stipends and other benefits for about a dozen interns each year. The refuge supports interns and resident volunteers with free housing. “Our interns bring youthful energy, enthusiasm and creativity to the refuge team,” said Supervisory Refuge Ranger Toni Westland. “At the same time, the program gives students and recent graduates an opportunity to learn hands on about the environment and refuge operations.” For more information, call Westland at 472-1100 ext. 237 or visit www.dingdarlingsociety.org.

Turkey Drop For Food Bank

Sanibel and Captiva residents are encouraged to support the Harry Chapin Food Bank this Thanksgiving by dropping off frozen turkeys and/or non-perishable food baskets at the residence located at 444 Lagoon Drive on Sanibel’s East End. Drop-offs will be accepted Wednesday, November 16 from 9 a.m. to noon. All donations will be delivered to the food bank. A free Bennett’s Fresh Roast coffee and donut coupon will be given to each donor. For more information, call 395-2476.

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CROW Case Of The Week:

Great Blue Heron



by Bob Petcher

The great blue heron (*Ardea herodias*) mimics its name as the largest of the North American herons. With a slow-moving gait, this cool wading bird can be found along shorelines,

river banks, and the edges of marshes, estuaries and ponds across much of the United States.

The great blue heron is 36 to 54 inches in head-to-tail length. It possesses a wingspan of 66 to 79 inches and can grow to 4 1/2 feet tall and weigh up to eight pounds. Comparatively, the grey heron is somewhat smaller, at 35 to 39 inches from head to tail.

Great blue herons are known to be expert fishers. They feed in shallow waters, but they are capable of feeding in deeper waters due to their long legs.

The fishing process involves a statue-like motionless stance as it scans for prey or wades belly deep with long, deliberate steps. It hunts with quick neck thrusts and a stabbing technique with its strong bill.

The great blue heron has a blue-gray plumage with white on its head and yellow in its bills to distinguish it from the reddish egret and little blue heron.

Like most birds, parents of great blue herons tend to feed their young at the nest by regurgitating food. The first born can become more experienced in food handling and suffers aggressive interactions with siblings. It often grows more quickly than the other chicks.

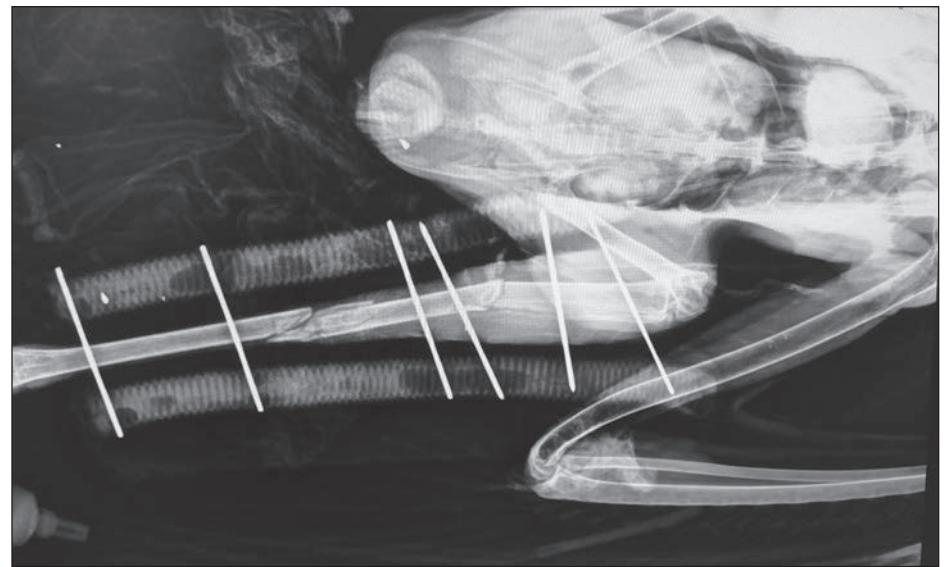
The adult's size also attracts few natural predators. Some eagles and hawks and the great horned owl have been known to prey on this species of heron.

At CROW, a great blue heron was admitted on October 23 from Fort Myers with a fractured tibiotarsus (the bone in a bird's leg corresponding to the tibia). During initial examination, CROW medical staff noticed its left leg was dangling and rotated freely at the fracture site. While the blue heron would not use its left leg, it did move that foot's toes when deep pain was elicited. Medical officials surgically corrected the complex fracture in three places by using an external skeletal fixator, a device consisting of multiple pins and external rings or bars which hold a fractured bone in place during the healing process.

During a checkup prior to last weekend, the patient was called "very bright and alert" and was said to be hock sitting. Evening treatments continued with cold compress and fluids.

On Monday, there was reported progress but cautious outlook for the great blue heron with the broken leg.

CROW DVM intern Krystal Wood stated the patient was beginning to stand in its enclosure before being moved to a larger enclosure to encourage more



The X-ray shows three areas of the surgically corrected fractured leg of the great blue heron photo by Kenny Howell

activity.

"It is too soon to tell what quality of life (is expected), and that will be decided on how well the fracture heals," she said. "This is a serious fracture and will require extensive and intense physical therapy. The goal is for the heron to fully recover and be released, but that is all based on how well the fracture heals and its response to physical therapy

Wood said the heron is expected to be at CROW for at least a couple of months. A timeline for the patient to be moved to the flight enclosure outdoors and – if all goes well – released will be dictated on reaction to therapy.

"At the rate of recovery and physical therapy, it probably will not be moved to small flight for another month," she said. "We need to make sure the fracture is fully healed and that there is no chance of injuring the leg. How long it spends in small flight will be based on recovery."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.





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Tarpon Bay Explorers Helps Local Scouts Earn Merit Badges



SCCF's Mark Thompson instructs the troop on how to properly put on life jackets
photos courtesy Tarpon Bay Explorers

Recently, Sanibel's Boy Scouts and Cub Scouts ventured out to Tarpon Bay Explorers for an evening cruise. "The reason for the trip was to help some of the boys earn merit badges," said Mark Thompson, the event's coordinator and SCCF's marine lab research associate (Thompson's son, Yuan, is a Cub Scout). "The troop has different "dens" depending on the age of the kids and have different merit badges they can earn. This trip helped the cub scouts earn "Tiger in the Wild" and "Boat & Float" merit badges."

The trip began at the touch tanks. The scouts learned all about the wildlife that inhabits the seagrasses and oysters of Tarpon Bay. After the tanks, the scouts learned how to properly put on life jackets and why they are essential to any boating excursion. After they were fitted with their life jackets, they hopped on the *Explorer III* vessel for a casual cruise through the bay. "It was raining mullet!" exclaimed Thompson. "The kids had a really good time. They even got to see a manatee, which they have been talking about ever since we got off the boat." Tarpon Bay Explorers was happy to provide a fun and informative experience for all of the scouts that came. "It all starts with the young generations. Providing a memorable experience for these kids will establish a love for the environment and respect for beautiful places like "Ding" Darling," said Wendy Schnapp, general manager and part owner of the refuge's concession.*



Tarpon Bay Explorers naturalist Heather Scott teaches the scouts about wildlife that lives at the bottom of Tarpon Bay

Master Gardeners

The 85th Master Gardener Lecture Series continues on Monday, November 7 at 10 a.m. at the Sanibel Library, located at 770 Dunlop Road. Note the day change due to a scheduling conflict.

The speaker is Shelly Redovan, deputy director of Lee County Mosquito Control. Sanibel has a long and unique history of mosquito control, and the county has the responsibility to monitor and manage mosquitoes on the island.

Redovan is a seasoned and respected scientist with 34 years' experience in

managing mosquitoes in Southwest Florida; 12 years as director of Charlotte County and 22 years in Lee County. She is considered one of the country's leading mosquito experts.

Her presentations to major medical groups and hospitals provide practioners accurate and up-to-the- moment facts on the Zika virus.

Zika is a truly unique insect-vectored virus because it is the only insect-spread virus that causes devastating birth defects and life-threatening effects on adults. It can also be transmitted sexually from either partner.

Following her presentation, Redovan will take questions from the audience. The meeting is free and open to the public. Seating is limited.*

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ISLAND FARE

AMONG THE FLOWERS CAFÉ

Among the Flowers is a locally rooted, organic café located on Sanibel Island that focuses on quality of ingredients and purposeful nutrition. Sandwiches, coffee and espresso drinks, steamed special-teas and herbal teas, raw cold-pressed juices, fruit smoothies, mylkshakes and raw desserts are crafted with love and attention. 100 percent vegetarian/vegan. Come vibe with us. Open Tuesday through Sunday from 9 a.m. to 4 p.m.

2003 Periwinkle Way, 312-4085

BAILEY'S GENERAL STORE

Bailey's General Store has a full deli, bakery, coffee bar, daily lunch specials, take out and catering for cook-outs, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland. Services include shopping for your groceries and delivering them to your home or vacation destination. If you are on a gluten-free diet, pick up the extensive list of gluten-free products near the entrance to the supermarket. Bailey's has a second location at Sundial Beach Resort & Spa at 1451 Middle Gulf Drive.

2477 Periwinkle Way, 472-1516

BEACH PIEZ

Beach Piez New York style pizza offers carry out and delivery on Sanibel and Captiva. Hours are Monday through Wednesday from 11 a.m. to 9 p.m., Thursday, Friday and Saturday from 11 a.m. to 10 p.m., and Sunday from noon to 9 p.m. With fresh ingredients, mouth-watering mozzarella, provolone cheese "secret recipe" dough, homemade pizza sauce and family recipe meatballs, Beach Piez will deliver the best pizza the island has to offer.

2441 Periwinkle Way, 472-3224

CIP'S PLACE

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. In Jimmy's memory, Cip's styles itself as a local watering hole. A mural that takes up an entire wall shows lots of islanders through the ages – including Cip – and if you don't recognize them all, ask to see the "key." Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. And do try the home-made potato chips, the fried buttermilk chicken with sage gravy and the snapper tacos. Choose between the outdoor garden patio and front porch. Indoor seating and full bar are also available. Hours are 11 a.m. to 9:30 p.m. daily, with happy hour from 4 to 6 p.m.

2055 Periwinkle Way, 472-0223

CLAM SHACK

The Clam Shack offers New England seafood at its finest. From clam chowder to whole belly steamers to the ever-popular lobster rolls to fresh cod and haddock to traditional lobsters, your taste buds will enjoy the delightful diversion from the conventional Florida seafood elsewhere on the island. Want the full experience? Try the Clam Bake, which will provide you with a bit of almost everything. The Clam Shack is family owned and operated and a sister restaurant of The Clam Bake, a well-established eatery in Fort Myers. Summer hours are Sunday through Thursday from 11:30 a.m. to 8 p.m.; Friday and Saturday from 11:30 a.m. to 9 p.m.

2407 Periwinkle Way, 472-6882

DOC FORD'S RUM BAR & GRILLE

Doc Ford's is a well-known local's restaurant famous for its great food and service. Plenty of indoor and outdoor seating boasting "Award winning flavors from the Caribbean Rim." The restaurant is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels. With locations on Sanibel & Captiva Islands and Fort Myers Beach, all locations offer island favorites like Yucatan shrimp and fish tacos along with raw bar selections and always fresh local seafood dishes. Premium rums and tropical drinks such as the Island Mojito are a specialty of the house. The combined menu offers both lunch and



From left, Alysa Ierna, Leah Brisco, Jasmin Hernandez, Guille Santana and Erika Perez of Sanibel Bean photo by Bob Petcher

dinner daily from 11 a.m. to 10 p.m.
Doc Ford's Sanibel, 2500 Island Inn Road, 472-8311; Doc Ford's Captiva, 5400 South Seas Plantation Road, 312-4275, Doc Ford's Fort Myers Beach, 708 Fishermans Wharf, 765-9660

DUNES GOLF & TENNIS CLUB

The Dunes Golf & Tennis Club is open to the public and serves lunch daily from 11 a.m. to 3 p.m. Chef specials include an assortment of salads, wraps and sandwiches, soup buffet Monday through Friday, and the popular hand-battered coconut shrimp and steak sandwich. Dinner is available only on event nights from 6 to 9 p.m. or for special seasonal dinners.
Featured monthly events include Trivia Night, Karaoke and Themed Dinner Nights. There is a Friday a la carte dinner menu with featured selections each week, such as steak and seafood.
Take in the sunset views while sipping on your favorite drink. Happy hour is every day from 3 to 6 p.m. Enjoy with the famous crab bisque as a starter.
949 Sand Castle Road, 472-3355

GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only seaside saloon" where you can leisurely dine at the Sanibel Marina in view of luxury yachts and modest fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of "only fresh" seafood, salads, sandwiches and more. Appropriate dress is required. If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:30 a.m. For dinner, arrive before 8 p.m.
634 North Yachtsman Drive, 472-8138

GREAT WHITE GRILL

The Great White Grill is a sports bar featuring 31 beers on tap and a good wine list. It's home of The Steel Curtain Pizza. There's free pizza delivery, too. The Great White carries the MLB, NFL and NHL packages for sports enthusiasts and has arcade games for kids of all ages. The regular menu includes hand-tossed fresh dough pizza, jumbo wings, Pittsburgh sandwiches, Philly cheesesteaks, Chicago beef sandwiches, salads, gyros, sandwiches and burgers. Check out the Pittsburgh Salad, which consists of grilled

chicken, French fries, cheddar cheese, cucumbers, tomatoes and onions on a bed of lettuce.
2440 Palm Ridge Road, 472-0212

GREEN FLASH

The Green Flash has marvelous waterfront views of Captiva Island's bayside and Pine Island Sound. The Green Flash was built on the site of the historic Timmy's Nook, opened in 1950. Fittingly, seafood dominates the menu, although other options are offered as well. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway. Hours are daily from 11:30 a.m. to 3:30 p.m. for lunch and 5:30 to 9:30 p.m. for dinner. All seats have a view of the waterfront. Reservations are not accepted.
15183 Captiva Drive, 472-3337

IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone. Il Cielo is open Tuesday through Saturday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. Enjoy live piano music by Scott McDonald on Wednesday, Thursday, Friday and Saturday nights beginning at 7 p.m.
1244 Periwinkle Way, 472-5555

IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines. Il Tesoro (The Treasure) serves dinner six nights a week, excluding Monday during summer months, from 5 to 10 p.m.
751 Tarpon Bay Road, 395-4022

ISLAND COW

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests... leave as our friends!" is the

motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children's menu. Starbucks coffee is also on the menu. **Now serving full liquor island cocktails!** Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 9-ish p.m.
2163 Periwinkle Way, 472-0606

JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire, and Cruzan Vibes' reggae on the weekends. The patio lounge menu includes a selection of "happy apps" starting at \$5.95 and half price drinks during happy hour from 5 to 7 p.m. Dinner reservations are suggested
1223 Periwinkle Way, 472-1771

JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out. The restaurant is open for breakfast, lunch and dinner from 7 a.m. to 8:30 p.m.
1700 Periwinkle Way, 472-9300

LAZY FLAMINGO

The Lazy Flamingo is a famed island hang-out with two Sanibel locations. "If our seafood were any fresher, we would be serving it under water!" is the Flamingo's motto. And that includes, shrimp, grouper, oysters, conch fritters and chowder as well as chicken. The Flamingo Bread and the caesar salad are signature items. Pull up a stool to the rustic bar or take a high or low table. The interior feels like the inside of an old pirate ship with its portholes and hewn wood surfaces. The atmosphere is definitely casual and beer is available by the bottle, on draft or by the pitcher.
1036 Periwinkle Way, 472-6939, 6520 Pine Avenue, 472-5353

MATZALUNA ITALIAN KITCHEN

Are you in the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big menu, involving over 20 combinations of pasta dinners from \$11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available. Matzaluna offers a large selection of Florida craft beer, both on draft and in cans and bottles. Enjoy \$5 apps at the bar from 4:30 to 5:30 p.m. Hours are 4:30 to 9:30 p.m. daily and happy hour is 4:30 to 6 p.m.
1200 Periwinkle Way, 472-1998

MUCKY DUCK

Historically known as the neighborhood pub, The Mucky Duck may well be the most famous restaurant on Captiva Island due to its longevity of 40 years in business and quirky name. Then there are the fabulous sunsets. Patrons gladly wait on the beach for tables. This place draws crowds – as customers sip cocktails and beverages until they can take their seats. Reservations are not accepted. The Duck, serving fresh seafood, pub-style food, sandwiches, steaks and other items, is open for lunch from 3 to 5 p.m. and dinner from 5 to 9:30 p.m.
11546 Andy Rosse Lane, 472-3434

OVER EASY CAFÉ

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different eggs benedict, scramblers and omelettes, 11

pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available. Breakfast is served all day. Hours are 7 a.m. to 3 p.m.
630 Tarpon Bay Road, 472-2625

PECKING ORDER

The Pecking Order features tender, juicy, fried chicken and all the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating that seals in the juices without allowing the fat to penetrate. Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and beans, cole slaw, mashed red potatoes and gravy, Harlem special, cheesy grits and veggie chili. Try the Black Betty, a warm, dark chocolate torte filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioners' sugar. Contractor Breakfast served Monday through Friday 7 to 10 a.m. Take out, delivery and outdoor dining available.
2496 Palm Ridge Road, 472-2534

ROSIE'S CAFÉ & GRILL

Rosie's repertoire includes crab cakes, grouper and shrimp entrees and steaks with all the trimmings, Southwestern dishes such as burritos and fajitas, soup and sandwich combos and salads. Among the most popular items is Rosie's Famous Cheese Steak made from shaved rib eye, grilled mushrooms, onions and green peppers, Ultimate Cuban and Classic Reuben, home-made muffins and cinnamon rolls and Key lime pie, root beer floats and banana splits. A children's menu is also available. Carry out, indoor or outdoor seating. Check out our all new menu items for breakfast, served from 8 to 11 a.m. Monday through Saturday and 8 a.m. to 2 p.m. Sunday. Happy hour is from 3 to 6 p.m. seven days a week with two-for-one draft beer and wine. The ice cream bar has 20-plus flavors of locally made Royal Scoop Ice Cream.
2330 Palm Ridge Road, 579-0807

SANIBEL BEAN

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free Wi-Fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon. Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare.
2240 Periwinkle Way, 395-1919

SANIBEL DELI & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to homemade regular choices, along with award-winning New York style pizza and wings, Boar's Head meats, frozen yogurt, New York style bagels and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas. Free Wi-Fi. Eat in or take out as well.
2330 Palm Ridge Road, 472-2555

SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes. Open seven days from 4 p.m. to midnight with happy hour from 4 to 6 p.m. and 10 p.m. to midnight.
703 Tarpon Bay Road, 472-3128

SANIBEL SPROUT

The Sanibel Sprout is the island's only 100 percent gluten-free/vegan/organic cafe: an oasis of health where the emphasis is on providing incredibly tasty and creative culinary creations designed to nourish and delight all of your senses. Order one of our fresh salads, try our Wizard Waffles, our classic burger, our Mexican plates and indulge in our Indian curry, Vietnamese pho, raw vegan lasagna and more! Pair your meal with a locally crafted beer, a glass of organic

wine or housemade kombucha. Our fresh juice bar is always brimming with island smoothies, herbal elixirs and custom juices, or come and enjoy an espresso or cappuccino with one of our delectable donuts, pies, cupcakes or truffles. The Sanibel Sprout is open for breakfast, lunch & dinner from 10 a.m. to 7 p.m., Monday through Saturday and from noon to 7 p.m. on Sunday. Come visit and join The Sprout family!
2463 Periwinkle Way in Bailey's Center, 472-4499.

SUMMERLIN JAKES

Summerlin Jake's Seafood and Steaks, a sunset dining water view restaurant in Fort Myers, located near the Sanibel Bridge, offers new American cuisine prepared in the old Florida tradition. Paying tribute to the rich history of Punta Rassa, where Jake Summerlin owned a wharf that he used to ship his cattle to Cuba and the local waters that are famous for being the home to big game fishing, Summerlin Jake's offers freshly caught local seafood, tender, juicy prime steaks, smoked ribs, brisket & chicken and heart-healthy, vegan choices that are locally sourced, hand-selected and artfully prepared. Summerlin Jakes is open Monday through Friday 11 a.m. to 10 p.m. and Saturday and Sunday 8 a.m. to 10 p.m. (Breakfast served 8 to 11:30 a.m.). Happy Hour is 3 to 6 p.m. daily. Live music on Friday and Saturday 5:30 to 10 p.m.
17501 Harbour Pointe Drive, 466-5377

TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for \$15 daily before 5:30 p.m. plus a large selection of local seafood, such as grilled shrimp, fried grouper, oysters, clams and crab cakes. Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's open at 2 p.m.) Restaurant is open seven days from 5 to 9 p.m.
703 Tarpon Bay Road, 472-3128

TRADERS GULF COAST GRILL & GIFTS

Traders Gulf Coast Grill and Gifts is unique in that it combines a bustling restaurant with a large shopping emporium selling casual clothing, jewelry, accessories, home decorating and gift items, books and lamps.

The restaurant serves bistro cuisine with island flair, featuring such offerings as black beans and rice, blackened fish and fresh salads from an open kitchen. There's no fryer in this place! The tables are freshly wrapped in white paper for each party, and there's a pot of colored crayons for doodling, whether you're an adult or a child. Lunch is served from 11 a.m. to 2 p.m., happy hour from 3 to 6 p.m. and dinner 5 to 9 p.m. There's live music from 7 to 10 p.m. Tuesdays and Thursdays with Danny Morgan and Wednesdays with Chris Workman.
1551 Periwinkle Way, 472-7242

TRADITIONS ON THE BEACH

Traditions on the Beach, Sanibel's first dining room, has been delighting its guests since 1895. Offering "Contemporary Cuisine, Sanibel Style," Traditions provides the highest level of service in a relaxed beachfront setting. Both the tapas menu, served in the Sunset Lounge, and the full dining room menu capture the flavors of the gulf, complemented by the unique atmosphere of the historic Island Inn. Award winning Chef Aziz uses only the finest fresh, local ingredients to create vibrant dishes. Drink, dine and dance at Traditions on the Beach, featuring live entertainment. Tapas and cocktails are available in the bar and lounge beginning at 4 p.m. Monday through Friday. Regular dinner menu beginning at 5 p.m. daily. Reservations are suggested.
3111 West Gulf Drive, 472-4559

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From page 1

Sea School



Colton Sullivan shows off his palm frond plate weaving capabilities
photos courtesy Sanibel Sea School

kids find those materials themselves,” she added. “We’ll use that as an educational opportunity to explain where those items come from and how important they are in our mission to protect our environment – the ocean, the land and the animals.”

During the four-week Ocean Art program, children will be creating different items to take home and share with their families or give as gifts. Finnium noted that during one week, campers will make their own holiday ornament out of sand dollars. Another week, a sea shell craft will be featured.

Each week, Sanibel Sea School will pick up students from the Sanibel Recreation Center and The Sanibel School at 3:30 p.m.; parent pick-up will be at

the Sanibel Sea School at 5:30 p.m. Parents are also welcome to drop their kids off at Sanibel Sea School.

“It’s going to be a wonderful opportunity for kids to get creative in a different way,” said Finnium. “They’ll be working with some materials that maybe they’ve never worked with before and – at the same time – learning to love nature.”

Sanibel Sea School is located at 455 Periwinkle Way. To register for the Ocean Art after school program or for additional information, call 472-8585 or email Sanibel@sanibelseaschool.org.



Dean Zweiman paints an ocean scene on reclaimed wood

From page 14

Power Squadron

Joanne Heroy-Giller, 15031 Punta Rassa Road, (Unit 905), Fort Myers, FL 33908. Reservations can also be made by emailing kellytn@comcast.net or by calling Dee at 615-419-4097 or Greg at 615-415-4653. Seating is limited.

The boating course teaches basic vessel operation and safety with an emphasis on water around Sanibel and Captiva. Completion of the class and passing an exam qualifies students to receive a safe boating ID card from the state of Florida. This ID card satisfies Florida’s education requirements for operating boats in state waters. Many insurance companies offer premium discounts to those holding this ID card.

The class will be taught in two sessions, both at the Sanibel Library, located at 770 Dunlop Road. The first session is November 21 from 6:30 to 9:30 p.m., and the second is December 3 from 10 a.m. until 4:30 p.m. Students need to attend both sessions and complete homework for a successful graduation.

The course is casual and discussion-oriented, and designed for those new to boating as well as experienced boaters who would like to strengthen their skills, particularly in local waterways. The class uses the *America’s Boating Course* text published by the U.S. Power Squadrons as well as lectures and demonstrations presented by power squadrons’ instructors. The cost for the class and textbook is \$45,

payable by check to Sanibel Captiva Sail & Power Squadron. Students must register no later than Monday, November 14 by contacting Jay Brown, lead instructor, at jaywbrown1@icloud.com, calling 314-807-6860 or going to www.usps.org/findacourse. Click on the boating courses tab, enter the student Zip code and then click on the “locate” button. The list of courses will show. Select the November 21 class and the registration form appears.

Students obtain their copy of the *America’s Boating Course* text and pay the class fee on November 21. The material is reviewed December 3.

Topics and subjects covered:

- U.S. Coast Guard required safety equipment
- Basic boat handling underway and docking
- Navigation rules, right of way
- Navigation aids and channel markers
- Basic navigation, charts and GPS operation
- Anchoring in deep water and on the beach
- VHF radio operation
- Storms, emergencies and accidents
- Unique characteristics of local area boating

Students also study navigation charts for Pine Island Sound, San Carlos Bay and the Caloosahatchee River. Important destinations, channels and waterways are reviewed.

To learn more, visit www.usps.org/localusps/sancap or call Steve Abbott at 246-2392.



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BIG ARTS Monday Night Film Series

Labyrinth Of Lies

by Di Saggau



The BIG ARTS Monday Night Movie for November 7 is *Labyrinth of Lies*, a German film that breaks a conspiracy of silence with the Frankfurt Auschwitz trials. It can somewhat be viewed as a sequel to *Judgment at Nuremberg*. *Labyrinth of Lies* opens in 1958, resurrecting a later chapter in the aftermath of the Holocaust that has largely faded from view. During the Frankfurt Auschwitz trials of the 1960s, 22 former mid- and lower-level functionaries at the Auschwitz-Birkenau death camp were tried for murder. At the time a divided Germany had a state of willful amnesia concerning the issue. Ordinary Germans who had joined the Nazi Party and committed atrocities returned to civilian life.

The central character, Johann Radmann, is a fictitious composite of three lawyers. He is an idealistic new employee in the public prosecutor's office in Frankfurt. He learns from a camp survivor that one of his wartime persecutors is now a schoolteacher in Germany. Radmann sets out to prosecute the teacher and faces stern resistance. The fact that thousands of former Nazis went unpunished, returning to ordinary life after the war, frustrates him. He is not shy about voicing his frustration. He is met with indifference and hostility.

Radmann's chief boss, the Hessen Attorney-General, Fritz Bauer, encourages him. Bauer was a distinguished Jewish



lawyer imprisoned by the Nazis in 1933. He started the case that led to the Frankfurt Auschwitz trial. A recent film *The People Against Fritz Bauer* is an excellent film that will tell you more about what transpired. The purpose of having Radmann, the hero of *Labyrinth of Lies*, is to show one man's progression from utter ignorance of his country's Nazi past to the point where he discovers too much, almost succumbing to the burden. He carries a heavy weight, as a cypher for all the Germans who did not want to know what their fathers did in the war.

As Radmann continues his research,

there is evidence of what could be called a national conspiracy of silence. Radmann is obsessed with capturing Josef Mengele, and when he learns that Mengele has secretly returned to Germany under a pseudonym for the funeral of a family member, the prosecutor crashes the family banquet. Mengele, as we now know, was never apprehended. The film portrays the guests at that dinner as tacit conspirators in helping him evade capture. *Labyrinth of Lies* doesn't try to make a grand statement about good Germans versus bad. It is simply a chilly, disquieting study of a society in a state of denial until the truth is bared. Moderator for the evening is Alan

Ruben. The film runs 125 minutes.

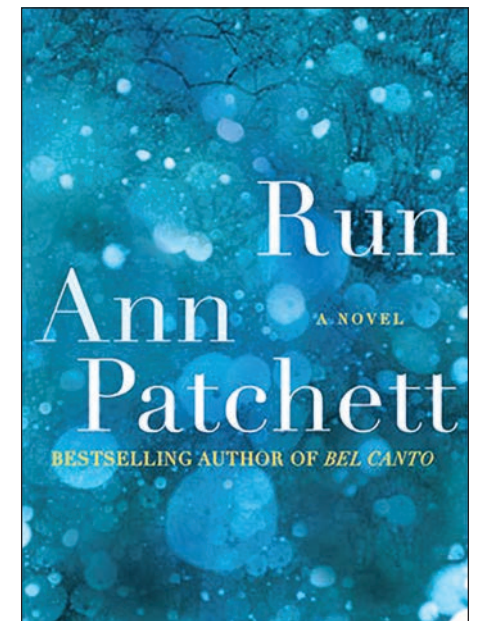
Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Film Patrons: June Rosner and Russ Bilgore. Film Sponsors: Bank of the Islands, Stan and Visnja Gembicki, John R. Wood Properties, Penny Wilkinson, Hyde Tucker. Film Supporters: Sanibel Taxi, Jerry's Foods of Sanibel. BIG ARTS is located at 900 Dunlop Road. Tickets are available at www.BIGARTS.org, or at the door or by calling 395-0900.*

Library Book Discussion Group To Meet

Readers are invited to come in to the Sanibel Public Library to talk about *Run* by Ann Patchett, the focus of the Wednesday, November 16 book discussion. The meeting is free and open to the public. The discussion begins promptly at 2 p.m. in the library's Meeting Room Four, located on the ground floor.

Sarah Conrad Weisman reviewed *Run* in *Library Journal*: "Two families come together in a traffic accident during a snowstorm. Nothing terribly unusual there, except that a woman has purposely thrown herself under a car to protect a stranger. It quickly becomes clear that the families—a poor, single black mother with

continued on page 30



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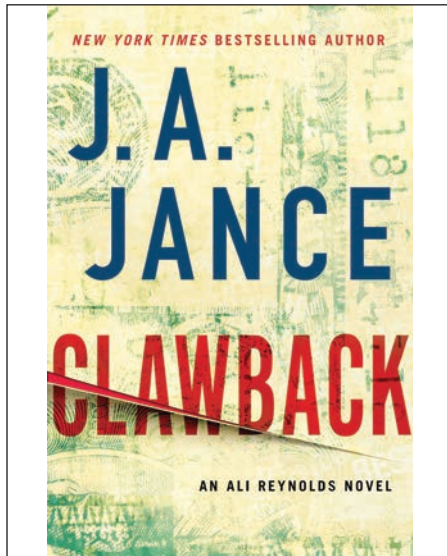
by Di Saggau

A friend introduced me to some books by J.A. Jance and I enjoyed them all, especially *Clawback*, which reminds us of news events surrounding Bernie Madoff. In this latest novel,

Ali Reynolds must solve the murder of someone caught up in a massive Ponzi scheme that bankrupted hundreds of people. Among them are her parents, Bob and Edie Larson, who lost their retirement savings. The sting is especially sharp because they considered their trusted financial adviser, Dan Frazier, to be an ally and friend. Edie warned Bob not to put all their eggs in one basket, but he ignored her advice and is filled with guilt over the outcome.

Bob feels he must confront his onetime friend, so he makes an ill-timed visit to Frazier's house, only to find him and his wife dead. He calls 911, but ends up being the prime suspect in the murders. The police consider his grudge against Frazier a huge motive. In an effort to clear her father and seek justice for those who lost their savings, Ali teams up with her husband, B. Simpson, the executive of High Noon Enterprises, a cutting-edge cyber security firm.

I read online that this was a highly personal story for Jance, as she and her



husband got caught up in a Ponzi scheme in Seattle, losing \$500,000 of their retirement funds. In her dedication she says, "For all the people who gave me 500,000 reasons for writing this book. Whoever you are; you know who you are." The story is not only entertaining, readers can also learn something. As she explains, the word *Clawback* means: Proceeds from an investment that are found to be fraudulent are confiscated and then redistributed to all investors on a proportional basis. The book is a must read for anyone who wants to understand a complicated issue.

Jance talks of "presence technology," in which employees and their families of High Noon have all their electronic devices equipped with the latest technology. Basically it allows the company to know

where an individual is and follow their movements in real time.

With the eccentric yet brilliant Stu Ramey tracing digital leads and his tenacious new over-achiever assistant, Cami Lee, on a door-to-door quest for clues, the Larsons find their own unforgettable way to fight for what they've lost. They are all in a dangerous race to keep a murderer and millions of dollars from vanishing into thin air. *Clawback* picks up after Jance's 2015 book *Cold Betrayal*, however, if you don't have time to read it, her new book stands on its own.*

From page 29

Book Discussion

her 11-year-old daughter and a white, Irish Catholic former Boston mayor—have a connection. The award-winning Patchett (*Bel Canto*) here presents an engrossing and enjoyable novel."

Patchett is the author of six novels and three books of nonfiction. She has won many prizes, including Britain's *Orange Prize*, the *PEN/Faulkner Prize*, and the *Book Sense Book of the Year*.

Copies of discussed books are located in the library near the Circulation Desk, in a variety of formats, including eBooks. While it is preferable to come to the discussion having previously read the book, all are welcome.

The group does not meet in December. In January, they will review *A Girl's Guide to Moving On* by Debbie Macomber.

Call 472-2483, or go to www.sanlib.org with questions.*

Current Events Begins 35th Year

On October 31, Current Events began its 35th year at BIG ARTS. Started in 1988 at the home of Bill Mayer on Tahiti Drive, the group has met once a week, every week of the year to discuss events of national and international importance. The group now meets every Monday – including holidays – from 10 a.m. to noon at BIG ARTS. It has had more than 1,750 consecutive sessions.

The sessions are led by a moderator who selects topics of interest from the last two weeks. The topics range from politics and international and national affairs, to education, health care, economics and finance. Discussions are animated but the underlying theme is civil discussion. This is a rare and unique opportunity for people who do not normally get together to share their views in a polite and constructive environment.

The Halloween Day session was led by Albert Hann, one of the Current Events groups' founders. The November 7 session will be led by Dick Wright, another founder as well as the founder of the FORUM at BIG ARTS. He will be followed on November 14 by Ken Rose; November 21 by the husband-and-wife team of Claudine and Hanspieter Imholz from Switzerland; and on November 28 by Dr. Gary Chesley, an educator and vice president of the Current Events Steering Committee.

All are welcome to attend.

For further information, call Malcolm Martini at 410-8776.*



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School Smart



by Shelley M. Greggs, NCSP

Dear Shelley,
Our son has major learning problems, and we were not happy with slowness of the evaluation process at school, so we had a comprehensive

evaluation from a private specialist. How can I get the school to use the recommendations from the evaluator? I don't think that the school is too happy about our private evaluation.

Peter G., Charlotte County, FL

Peter,

Private evaluations can create delicate situations at schools especially since there is great variability in the quality of evaluations by school psychologists and evaluators in the private sector. The key issue here is that the outside evaluator has experience in the schools and understands school/teacher expectations as well as the needs of the student at school and can provide reasonable and appropriate recommendations.

The federal special education regulations impose an "affirmative obligation" on the school to consider the results of the evaluation. While the law does not require the team to accept the findings or implement recommendations

from a specialist in the private sector, the law does require the school to respond to your concerns about your child's educational program.

The law also requires the IEP team to "consider" the results of any evaluation you obtain with the word "consider" being defined by the dictionary as "to think about carefully in order to arrive at a judgment or decision, especially with regard to taking some action."

When you get an evaluation from a specialist in the private sector, ask him/her to attend the meeting to discuss the findings. If the evaluator is available to describe the child's needs and what will happen if the recommendations are not accepted, it is more likely that the IEP team will accept and use the results.

Remember that this is a team effort and that it is critical for all parties to build good working relationships, to be polite and appreciative of everyone's efforts in meeting the needs of a student.

Legal Resources used include
Wrightslaw: Special Education Law, 2nd Edition, IDEA Regulations 34 C.F.R. §300.502(c)(1)

*Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.**

Thompson Pens Third Children's Book



Berdenna Thompson's third children's book, *Octavia the Spider and The Wind's Whistle*, has just been published

photo by Jeff Lysiak

by Jeff Lysiak

For the third year in a row, longtime Sanibel resident Berdenna Thompson released a children's book written for preschool to kindergarten and first grade-age children. *Octavia the Spider and The Wind's Whistle*, a 32-page full color illustrated hardcover book, debuted last week.

The 93-year-old Thompson, known by generations of islanders for her annual contributions to The Sanibel School's traditional Arbor Day ceremonies, had previously published *Round Red Apple* in 2013, followed by *Calico Cat Lights Up* last year.

According to Thompson, the idea behind *Octavia the Spider and The Wind's Whistle* had been in the works

for a number of years.

"My husband (Bob, who passed away in 2014) and I were out for a drive one day, and I was thinking about how blue the sky was and the sound of the whistling winds," said Thompson. "Then I thought about a couple of spiders and how they might spin a web trying to catch the sound of the wind's whistle."

In her latest book, spider couple Octavia and Gossamer encounter a number of other critters found on Sanibel. They include a green anole, raccoon, roseate spoonbill, nine-banded armadillo, gopher tortoise, belted kingfisher, bobcat and an American bald eagle.

Like her previous two releases, *Octavia the Spider and The Wind's Whistle* has been illustrated by Thompson's son-in-law, former Sanibel Chief of Police Lew Phillips. The book also prominently features the iconic Sanibel Lighthouse.

"It's a cute little story," Thompson added. "I really like the part when King Bird tries to scoop some blue sky into his bucket so he can paint his birdhouse."

A member of the Island Writers Group III, Thompson was an elementary school teacher for 25 years after earning a master's degree in elementary education from Eastern Michigan University. A member of Sanibel's Vegetation Committee since 1987, she has been published in the *Christian Science Monitor* and *The State of Michigan Reading Association* booklet.

After self-publishing her third book in three years, Thompson wondered if a fourth book could be in the works. "I'm not really sure if I've got another book in me," she said. "We'll just have to wait and see. I really just write for the thrill of it."

The first edition printing of *Octavia the Spider and The Wind's Whistle* is on sale now, priced at \$24.95 and available at Sanibel's Center 4 Life. For more information about the book, send an email to Lew-Phillips@comcast.net.✱

Ensemble Holds Two Concerts

Founded in 2001 as a small chorus of music lovers, the Fort Myers Symphonic Mastersingers has grown into an ensemble of 80-plus voices dedicated to excellence in music.

Under the baton of Artistic Director Jeff Faux, the Mastersingers will begin their 2016-2017 season with two concerts in November.

On Wednesday, November 9, the ensemble will collaborate with Opera Naples in a performance of Puccini's lush final opera, *Turandot*. Conducted by Ramon Tebar, the performance will take place at Artis-Naples, located at 5833 Pelican Bay Boulevard, at 8 p.m. For tickets and information, visit <http://operanaples.org/>.

Then on Sunday, November 13 at 6 p.m., the Mastersingers will perform *The Future of Music* at The Village Church Auditorium at Shell Point, located at

15100 Shell Point Boulevard in Fort Myers. Tickets are \$10. This concert will feature an all-sacred repertoire and will include Mastersingers, Mastersingers Chamber Chorus and the premiere performance of the new Mastersingers City of Palms Youth Choir. Go to www.shellpoint.org/sop/ for tickets.

"These two performances are exciting to our singers and, we trust, entertaining to our growing Southwest Florida audiences," said Anthony Contino, Mastersingers president. "We are delighted to be renewing our collaboration with Opera Naples and to have the opportunity to perform in Naples once again."

"We are equally excited about our second concert, *'The Future of Music.'* It's at this concert that we will introduce the new City of Palms Youth Choir, sponsored by the Symphonic Mastersingers. We are committed to music excellence, and believe that this new ensemble builds upon that commitment and represents an important aspect of the future of choral music in Southwest Florida," said Contino.✱

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

The Temple Of The Sun

by Noel Hill

Once more, with mates out riding,
For another day of fun.
Travelling down these bushland trails,
they're our temple in the sun.

Dust from hooves, arising,
fern fronds bending in a breeze.

Goannas quickly fade from sight,
in this, our cathedral in the trees.

Each bend holds new adventures,
the straights, a burst of sped.
With your spirits now uplifted,
this ride will satisfy your need.

There's joys to have, out riding,
horse and rider, each as one.

Strobing shafts of sunlight,
filter through the branches, tall.
While overhead, black cockatoos,
emit their piercing call.

To the steady sound of hoof beats,
and a horse's sudden sneeze.
You may hear god's voice, a whisper,
through the cathedral of the trees.

When the ride has been completed,
and your new day, now begun.
You'll find your soul uplifted
in the temple of the sun.

Noel Hill is an Australian, an avid horseman and a teller of tales in verse.
* Goannas – species of monitor lizard.✱

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'Ding' Darling Amateur Nature Photography Winners



Contest organizers Terry Baldwin, left, and Carrie Alexander, right, with judges Rick Zurbriggen, Chuck Vilardi and Jeff Combs photos courtesy DDWS



Second place went to Bill Fischer's *The Great Chase*

On October 22, "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) announced the winners of its 29th annual amateur nature photography contest at a special Conservation Art Day presentation at the refuge, part of the weeklong "Ding" Darling Days celebration.

Earlier, on October 12, judges selected three winners and 12 honorable mentions out of 122 entries from 17 states and five countries – nearly twice as many as in 2015. All photographs judged were shot at the refuge.

First place went to Tom Korbitt of Bluffton, South Carolina for his river otter



Tom Korbitt's *My Sandy Look* took first place



Cathi Bodine's *See You Later!* captured third place

portrait titled *My Sandy Look*. Judge Chuck Vilardi, The Sanibel School principal, commented, "I think it's awesome that he is at leisure. He's relaxing."

Bill Fischer from Hindsdale, Illinois took second place with *The Great Chase*, a photo of two double-crested cormorants battling for a needlefish. "Catching the cormorants in action so clear like that is really hard to do," is how judge Rick Zurbriggen, a local photographer, explained his choice.

In third place was Cathi Bodine. She called her Florida manatee shot *See You*

continued on page 4B



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Rooney Stumps For Island Votes



On October 26, Naples businessman Francis Rooney visited Doc Ford's Rum Bar & Grille on Sanibel for a two-hour informal meet-and-greet. The Republican Congressional candidate for Florida 19th District shook hands, met constituents and discussed his election platform. "So far, the feedback we've been hearing has been very good," said Rooney. "I'm hoping to do well here on Sanibel and Captiva because I'm a lifelong 'water guy.' I'm committed to improving releases out of Lake Okeechobee into the Caloosahatchee and restoring the Everglades. I'm very passionate about those issues." Pictured above, from left, are Chris Davison, Steve and Julie Smith, Marty and Brenda Harrity, Francis Rooney, Ric Base and Mark Anderson. Below, Harrity chatting with Rooney.



photos by Jeff Lysiak

Trash And Treasures Sale At Center 4 Life



Island Seniors members from left, Deborah Butler, Nancy Venuto, Dorothy Sawyer, Carole Fallon, Nelia Sheridan, Mary Ryan and Mary Ann Gilhooley photo courtesy Center 4 Life

The Island Seniors' annual Trash & Treasures Sale at the Center 4 Life is set for Saturday, November 12 from 9 a.m. to 2 p.m.
Browse gently used items including household furniture, glassware, accessories, home décor, sporting goods, collectibles, small electronics and many other items.
A hot dog lunch will be available for purchase.
The center located at 2401 Library Way. Annual memberships are \$20 per individual.
For more information or a complimentary tour, call 472-5743.✻

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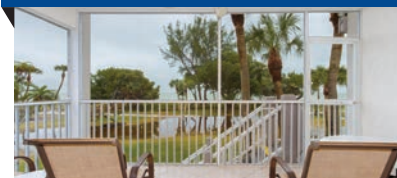
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Sanibel Captiva Community Bank 'Cajun King' Mardi Gras Sponsor



Sanibel Captiva Community Bank presents a \$10,000 check as part of their "Cajun King" sponsorship of CHR's 5th annual Mardi Gras fundraiser. From left, Sheri Prange, bank employee and CHR resident; Craig Albert, Sanibel Captiva Community Bank president and CEO; Gabriela Bell, bank employee and CHR homeowner; David Wright, Sanibel Captiva Community Bank senior vice president; Colleen Seeger, bank employee and Mardi Gras volunteer; and Melissa Rice, Mardi Gras co-chair and CHR board member.

photo courtesy CHR

Sanibel Captiva Community Bank has signed on as the official "Cajun King" sponsor for the Community Housing and Resources (CHR) 2017 Mardi Gras event. The bank has been a long-time supporter of CHR, and this top-level sponsorship is a significant increase from the bank's support of the event in previous years.

"We are happy to be CHR's bank and mortgage lender, and have done financing for CHR's clients purchasing homes through the program. We have always wanted to show our support of what they are doing here on the island," said Craig Albert, Sanibel Captiva Community Bank President and CEO. "We have quite a few

employees who live in CHR's housing as both renters and homeowners, and we love seeing the families living on Sanibel that might not otherwise be able to without CHR's program. The children get to attend the school here, use the recreation center, and just really become part of our community."

CHR's 5th annual Mardi Gras event is scheduled for February 11 at The Dunes Golf and Tennis Club. For more information, visit SanibelCHR.org or call 472-1189.✪

From page 1B Photo Winners

Later! "It's very clear for an action shot and showing it (the manatee being) so playful," said Ranger Jeff Combs, the third judge.

"We always choose three judges for the contest," said Terry Baldwin, contest chair. "A refuge staff member, a professional photographer and a member of the Sanibel community."

The three winners received cash awards from DDWS at the presentation on October 22 – \$100 for first place, \$75 for second and \$50 for third. Each honorable mention winner received a \$25 award, which reflects a refund of the contest entry fee.

The winning photographs and honorable mention award entries will be on display in the refuge Visitor Education Center throughout the year.

To view the other top-ranking entries, visit dingdarlingsociety.org/articles/photo-contests.

Honorable mentions (in alphabetical order):

- Scott Becque, Lewes, Delaware – yellow-crowned night heron
- Robert Gallucci, Gillette, New Jersey – green heron
- Beverly Henson, Sanibel – snowy egret
- Douglas Jaeckel, Fort Myers – honey bee
- Kent Jager, Sanibel – snowy and reddish egrets
- Ellen Maas Pratt, White Bear Lake, Minnesota – great white pelican
- David Mintz, Lehigh Acres – roseate spoonbill
- Liz Noffsinger, Sanibel – reddish egret
- Stewart Rubin, Columbia, Maryland – ring-billed gull
- Allen Sparks, Cordova, Tennessee – reddish egret
- Ben Vanos, Interlochen, Michigan – snowy egret
- Mike Zarella, Spring, Texas – Florida manatee

For more information, visit www.dingdarlingsociety.org, call Birgie Miller at 292-0566 or 472-1100 ext. 4 or email dingdarlingsociety@gmail.com.✪

The Sanibel Optimist Club Presents:

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 Children's Education Center of the Islands
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 Cypress Lake High School
 Doc Ford's Charity Golf Tournament
 Estero Mustangs Pop Warner Football and Cheer
 F.I.S.H of Sanibel-Captiva
 Florida Gulf Coast University Athletics
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Fort Myers Community Concert Association
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 Sanibel-Captiva Conservation Foundation
 Sanibel-Captiva Kiwanis Club
 Sanibel-Captiva Optimist Club
 Sanibel-Captiva Rotary Club

Sanibel-Captiva START
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More Than Just Sunshine On The Roof At Bailey's



Flipping the switch to turn on solar power at Bailey's General Store, from left, Tricia Dorn, LCEC, Trent Peake, San-Cap Chamber of Commerce, Jim Jennings, Sanibel City Council, Dominick Zito and Jason Szumlanski, Florida Solar Design Group, Mead Bailey Johnson, Bailey's, John McCabe, SanCap Solar/'Ding' Darling Wildlife Society, Richard Johnson, Bailey's and Chauncey Goss, Sanibel City Council photos courtesy Bailey's General Store

Bailey's General Store has officially "flipped the switch" to turn on their rooftop solar field, part of a series of projects aimed at "greening" the store to parallel the environmental sustainability movement within the Sanibel and Captiva community. Bailey's is Southwest Florida's only solar powered grocery store and the largest solar installation on the islands. The Bailey family sees the importance of advocating and making changes in order to create a future for the next generation of islanders.

The rooftop solar field is home to 268 solar modules, each rated at 265 watts. This provides a total system rating of 70 kW. Over the period of a year Bailey's solar panels can generate power in excess of 100 megawatt hours. For those who don't speak solar panel, that is equal to power for six or seven homes for an entire year. The next steps for the project include additional panels on top of Bailey's Center and in the parking lot to further increase the solar capability of the store. It's not just fun in the sun now... it's electricity, too.

A number of community partners interested in the project were present at the Solar Kickoff Ceremony at Bailey's, including LCEC, the City of Sanibel, the Sanibel & Captiva Chamber of Commerce, Florida Solar Design Group, Urban Solar and the "Ding" Darling Wildlife Society.

According to LCEC's Tricia Dorn, this project's completion marks their 300th solar installation, also their largest.



Solar panels from the southeast



Solar panels from the south side of the Bailey's General Store building

"Florida Solar Design Group was proud to work with Urban Solar Group to accomplish Sanibel's largest solar installation to date," said Jason Szumlanski. "Commercial solar energy is a savvy investment for successful businesses with long-term investment goals."

The rooftop solar field at Bailey's is the largest project within a series of opportunities the store has taken to become a green business. Over the past few years, Bailey's has gone on a "kilowatt diet," making multiple changes to reduce energy consumption. Among those changes are new doored coolers, installing LED bulbs storewide, encouraging shoppers to bring their own bags, and air conditioner and refrigeration upgrades.*

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Journalist Slated For Speaker Series At Refuge

In conjunction with the visiting Smithsonian Water/Ways exhibit at the JN "Ding" Darling Visitor & Education Center from October 28 through December 7, "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) will be hosting a free Soak-It-In Speaker Series on select Fridays at 1 p.m. The second in the series features award-winning environmental journalist Cynthia Barnett, who will present *Blue Revolution: A Water Ethic for Florida and America* on Friday, November 4 at 1 p.m.

Barnett's presentation is based on her book *Blue Revolution: Unmaking America's Water Crisis*, which *The Boston Globe* named as one of the top 10 science books of 2011. The *Globe* describes the author as "part journalist, part mom, part historian, and part optimist." The *Los Angeles Times* writes that she "takes us back to the origins of our water in much the same way, with much the same vividness and compassion as Michael Pollan led us from our kitchens to potato fields and feed lots of modern agribusiness."

Barnett has written for the *New York Times*, *Los Angeles Times*, *Wall Street Journal*, *The Atlantic*, *Discover*



Cynthia Barnett

photo courtesy DDWS

magazine, and a number of other publications. Her numerous journalism awards include a national Sigma Delta Chi prize for investigative magazine reporting and eight Green Eyeshades, which recognize outstanding journalism in 11 southeastern states.

The author teaches environmental journalism and nature and adventure writing at the University of Florida's College of Journalism and Communications in Gainesville, where



she lives with her husband and children. Following her presentation, Barnett will sign copies of her book, which is available for purchase in the refuge nature store, all proceeds benefitting refuge wildlife and conservation and education programs.

Admission to all speaker presentations is free but limited on a first-come basis. The schedule of upcoming speakers is

listed below.

- November 4 – Author Cynthia Barnett – *Blue Revolution: A Water Ethic for Florida and America*
- November 18 – Nature Photographer John Moran – *Our Water, Our Future*
- December 2 – *Water: Have We Missed the Boat?* interactive panel discussion

Also as a part of Water/Ways programming, DDWS will be showing a water-related film series, sponsored by LCEC, on Wednesdays. The Southwest Florida Fine Craft Guild has mounted an artful water and nature exhibition titled *Engulfed* as part of the event, and an exhibit of Mac Stone's water-related Everglades' photography is also on display.

Special Saturday family programs, giveaways, interactive water features, and other activities are also scheduled.

"The outstanding, state-of-the-art Smithsonian Water/Ways exhibit lies at the heart of an exciting, engaging six weeks of programming for kids and adults that we hope will ultimately send the message that we all need to work together to preserve our valuable, vanishing water resources," said Ranger Tony Westland. "We are honored to be among the select venues hosting the exhibit."

For more information on Water/Ways and a full calendar of events, visit dingdarlingsociety.org*

Concerts To Benefit FISH

FISH board member and local Sanibel entertainer Chris Coile returns for music performances at George & Wendy's Seafood Grille, beginning Tuesday, November 15 and continuing through March.

On the third Tuesday of each month, Coile will perform with island talent Sandy Greco, Cindy Cola, Dee Kelly and others at the restaurant, located at 2499 Periwinkle Way.

The community is invited to the show, running from 6 to 7:30 p.m. Coile has been performing for 30-plus years primarily on the East Coast as well as in Montana. Classic rock and roll, country, island and big band standards are the tunes of choice for Coile. The November performance will focus on classic rock and roll and country tunes, from the stars of the 1950s through the '80s like Willie Nelson, Jimmy Buffet, George Jones, Tennessee Ernie Ford, George Strait, Carly Simon, Carole King, The Beatles and Credence Clearwater Revival.

There is no cover charge, nor is there a minimum. Coile will be selling his CDs; all CD sales and voluntary donations benefit FISH.

For reservations, call 395-1263 and specify that it is for the Coile concert. Future performances will be held on December 20, January 17, February 21 and March 21.

FISH is a nonprofit, staffed by more than 200 volunteers, assisting Sanibel and Captiva islanders and visitors with a wide range of services. For more than 30 years, FISH has been a neighbors helping neighbors organization.

For more information, visit www.fishofsanicap.org*



Chris Coile

photo courtesy FISH of SanCap

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Watson MacRae Gallery Opens In New Space



Maureen Watson, owner of the Watson MacRae Gallery, recently relocated to a new space within The Village Shops

photos by Jeff Lysiak

by Jeff Lysiak

After eight years being located in the rear section of The Village Shops, Watson MacRae Gallery officially moved into its new space on October 18. The fine art and contemporary craft gallery is now located in the front corner of the shopping plaza in the space formerly occupied by William E. Wilson Fine Jewelry Design.

"I must say that the move has gone very smoothly," said Maureen Watson, owner of Watson MacRae Gallery. "Other than my own anxiety, nothing really got in the way. It couldn't have worked out any better."

Late last year, when news that the operators of The Village Shops planned to add a 50-seat restaurant to the eclectic shopping plaza, Watson – who had been on a month-to-month lease with the property manager – wondered where her gallery could be relocated.

In the end, an amicable deal to move the gallery to another location within The Village Shops was reached.

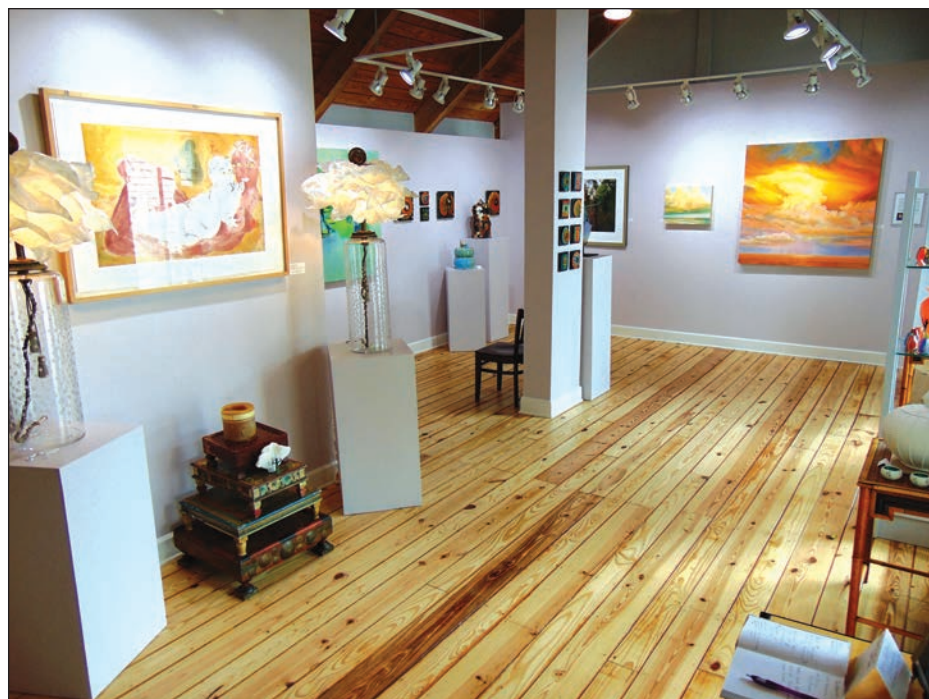
Now facing Periwinkle Way, Watson MacRae Gallery's new space features an upstairs loft for storage, stained wood ceilings, cedar beams, blonde tongue-in-groove Florida pine flooring and uniquely designed walls which surround the open center of the gallery.

"This space is a little smaller than the previous gallery had, but we actually have more linear square footage of wall space," said Watson, who noted that Ron Kopko Designs helped create the new gallery's "look" while Joyce Owens Architects planned the building's redesign. "It's an elegant space – very warm and welcoming. And not only is this more beautiful, but it's a wonderful place to show art."

On Tuesday, November 15, Watson MacRae Gallery will host an opening



A variety of sculptures, pottery and glass art is featured in one display



The gallery's new space, which totals 1,100 square feet, is located at the front of The Village Shops



The gallery offers space to wander, peruse art or sit and enjoy the surroundings

reception from 5:30 to 7:30 p.m. for its ninth season opening exhibit, *Oh Florida!* New artwork from seven artists – including Darby Bannard, Greg Biolchini, Owen Gray, Linda Hunsacker, Tamara Staples, Sia Thorne and Lauren Venditto – will be on display, with subject matter inspired by the natural beauty of the Sunshine State.

The gallery will donate 10 percent of all opening night art sales to the Sanibel-Captiva Conservation Foundation (SCCF). In addition, Susie Holly from MacIntosh Books & Paper will donate a portion of proceeds to SCCF from the sale of the book *Oh Florida! How America's Weirdest State Influences The Rest Of The Country* – which will also be sold at the gallery that evening.

Hollis Jeffcoat, a fifth generation Floridian and one of the mainstay artists at the gallery, has also created an *Oh Florida!* T-shirt that will be sold that night, with proceeds going to SCCF as well.

On Tuesday, November 29, an artist and author gathering will take place at the gallery beginning at 3 p.m. The *Oh Florida!* exhibit will continue through December 4.

Watson MacRae Gallery's second exhibition of the season, *The Fine Art of Contemporary Crafts V: Collection*, will open on Tuesday, December 6. In February, the gallery will host an exhibit, *Aviary: An Installation*, with a portion of art sale proceeds being donated to the Sanibel-Captiva Audubon Society.

Following her recent open house reception, Watson explained that she is quite happy in an even more accessible location.

"I used to say people who are looking for fine art will find us," Watson said. "But they're going to find me a lot easier now."

The self-dubbed "Sanctuary of Art in The Village Shops," Watson MacRae Gallery is located at 2340 Periwinkle Way in Suite G-1. It is open Monday through Friday from 10:30 a.m. to 5 p.m. For more information, call 472-3386 or email maureen@watsonmacraegallery.com.

American Legion Post 123

Stop by American Legion Post 123 on Sunday, November 6 for a ham dinner, served from 1 to 8 p.m. Friday, November 11 is Veterans Day and the Legion will be serving a free meal to all veterans, all day.

On Monday nights, there are 9-ball and 3-ball tournaments at 6 p.m. Players are welcome. On Tuesdays, tacos are served all day. Spaghetti

Chorale Concert Series Dedicated To Veterans

The Symphonic Chorale of Southwest Florida will hold a concert series titled An American Choral Tapestry, conducted by Artistic Director Trent R. Brown.

The concerts will feature a selection of American composers and repertoire in Bonita Springs, Sanibel and Fort Myers on November 18, 19 and 20. There is no charge to attend.

These concerts are dedicated to Southwest Florida veterans. Groups who serve veterans are encouraged to set up lobby displays, free of charge, that patrons can visit while attending the concerts. Patrons are asked to bring non-perishable food or travel-size toiletries to be distributed to homeless veterans.

The concerts begin with *Jubilant Song* by Pulitzer Prize winning-composer Norman Dello Joio, and will showcase a cross-section of some of America's best composers.

"This piece sets the tone for these concerts and our entire season with spirited proclamations about music, harmony and lofty ideals that define our passion for our country, and the choral art form we celebrate all year," said Brown, also an associate professor of music at Florida Gulf Coast University. "Our organization is dedicated to enriching the community through choral music's power."

Works on tap include *Frostiana*, a seven-movement work of Robert Frost's poetry and the music of Randall Thompson. *There is Sweet Music Here* by Zachary J. Moore and Stephen Paulus' *Hymn for America* will also be featured.

The first concert is on Friday, November 18 at 7 p.m. at St. Mary's Episcopal Church, located at 9801 Bonita Beach Road in Bonita Springs. The following night, Saturday, November 19, An American Choral Tapestry will be presented at the Sanibel Community Church, located at 1740 Periwinkle Way, also at 7 p.m. The final concert will be on Sunday, November 20 at 3 p.m. at the newly opened New Hope Presbyterian Church, located at 10051 Plantation Road in Fort Myers.

Reserve seats at symphonicchorale.org as space is limited at each venue. For more information, call 560-5695.✱

and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

The Ladies Auxiliary has cookbooks available for a donation of \$15.

If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome.

For more information, call 472-9979.✱

Community Panel To Meet

The Captiva Community Panel will hold its regular monthly meeting on Tuesday, November 8, beginning at 9 a.m. in the Cone Rooms (tentative) in Chadwicks Square at South Seas Island Resort.

The meeting is open to all interested islanders and the public.

Among the agenda items:

- Update on a proposed January 13 sea level rise symposium
- Discussion of nominations and appointments to the Captiva

Community Panel for the next term (2017-18)

- Update on priority committees, including wastewater management, bike/pedestrian enhancements and other

• Captiva Erosion Prevention District update

- Captiva Fire District update
- Hurricane Preparedness and Response Committee update

• Other business as necessary. Public participation is invited and encouraged.

The next meeting is tentatively scheduled for December 13. For more information, visit www.captivacommunitypanel.com.✱

YOUR VOTE COUNTS

November 8, 2016





ELECTION

YES



Yes 20/20
Keep Conserving Lee

on Conservation 20/20

It is an opportunity for citizens to help safeguard Lee County's long-term economic and environmental sustainability and quality of life by continuing to protect the county's exceptional natural resources, yet without increasing taxes.

VOTE

NO

on Amendment 1

Amendment 1 is a deceptively worded amendment that creates barriers for future solar power competition and slows solar use for the future. Help keep solar rights in your OWN hands, not in those of the utility companies.

VOTE



UTILITY-BACKED AMENDMENT 1 BLOCKS THE SUN
VOTE NO ON 1!



YES ON 1 FOR THE SUN



I VOTED TO HELP CONSERVATION

dingdarlingsociety.org

T-Shirts For Sale At Bank Of The Islands



From left, Bank of the Islands selling T-shirts to benefit CROW

photo courtesy BOTI

Bank of the Islands/Edison National Bank (BOTI) is presenting sponsor of the 35th annual Taste of the Islands. In the days leading up to the Sunday, November 13 celebration, the bank has T-shirts available for sale at its Sanibel office at 1699 Periwinkle Way at the intersection with Casa Ybel Road.

"CROW is an amazing resource for saving injured wildlife and teaching people how to protect and coexist in their fragile habitat," said Willy Ocasio, Bank of the Islands assistant vice president and Sanibel-Captiva office manager. "We love being the presenting sponsor of Taste of the Islands, CROW's largest benefit. We hope everybody will come in to buy their T-shirts and wear them to the Taste. Sponsoring this popular event is such a great way to show how much we appreciate being your island bank."

All islanders are invited to stop by the bank's Sanibel office during business hours to select their T-shirts. There are a variety of sizes and colors. The price is \$20.

Taste of the Islands takes place from 12 to 5 p.m. at Sanibel Community Park, located at 2231 Periwinkle Way. Admission is \$5 for adults and free for children younger than 12 years of age.

The Clinic for the Rehabilitation of Wildlife (CROW), established in 1968, is a teaching hospital and a visitor education center dedicated to saving wildlife through state-of-the-art veterinary care, research, education and conservation medicine. More than 3,500 ill and injured animals receive care annually through CROW. For more information, visit www.crowclinic.org.

Bank of the Islands is the oldest locally owned and managed community bank on the islands, and winner of 35 "Best of the Islands" awards since 1998, including being chosen the Best Island Bank for 18 years straight.*

HeartWalk Series:

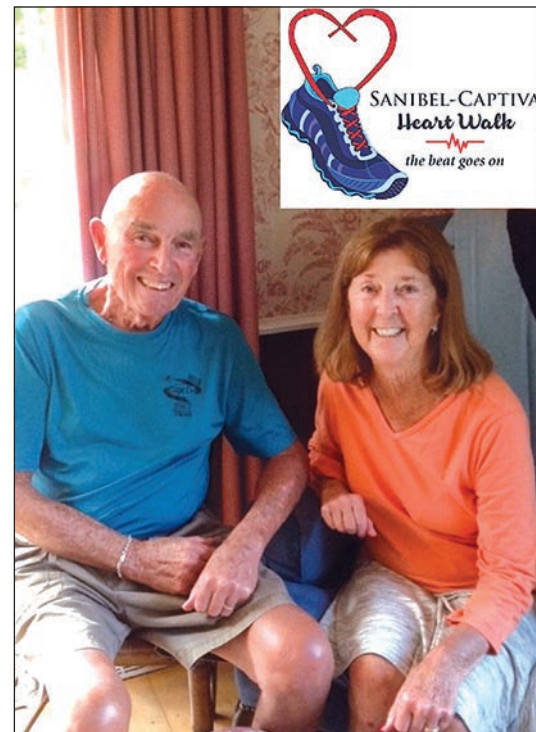
Dave Allen: Together In All Things

submitted by Sandy Teger

Carol and Dave Allen are Sanibel residents from April to November. Their other six months are spent on Cape Cod, Massachusetts. They have both been diagnosed with heart disease, but with treatment and procedures they live full, active and enjoyable lives.

Carol was riding her bike in Nantucket, Rhode Island, with friends one Friday in 2007, when she felt pressure in the middle of her chest. She immediately stopped cycling and the pressure was gone.

As a retired pediatric RN with community health and hospice experience, she suspected angina was the culprit. That weekend she



Carol and Dave Allen

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decided to carry out her own stress test. First she climbed up and down stairs, but that failed to produce symptoms. However, a power walk caused the pressure to return.

Carol had been under the care of a cardiologist for high blood pressure and elevated cholesterol but never had acute symptoms before. There was also a family history of heart disease. Her maternal grandfather died at 55 and her mom at 68. She didn't waste time. On Monday, she had a heart catheterization and a stent was placed. Plavix was added to her medications and, after two years, it was changed to a daily, low-dose aspirin.

Carol returned to all of her regular activities and exercise and has remained symptom free. In 2014, at age 71, she was inspired to walk the Boston Marathon to raise money for the Jimmy Fund because of her foster grandchild who had been successfully treated by Boston Children's Hospital for stage 4 neuroblastoma. Carol trained for six months, put together a team and walked the 26.2-mile course in 8 hours and 20 minutes. She was a happy grandma (of nine grandsons) because her team had raised \$6,000 for the Jimmy Fund.

Carol did have one health scare in 2015. While shopping with her daughter in Naples, she experienced nausea and lightheadedness. Because of her history, the hospital in Naples performed a heart catheterization. It showed the stent was intact and there were no indications that her symptoms were heart-related. The likely source was dehydration, causing an electrolyte imbalance.

Carol's husband, David, had a very different family history. There is no known cardiac disease throughout his relatives and David never smoked. When he was 79, he had a chest X-ray for congestion and pressure. It showed an enlarged heart. Until that time, he had no other illnesses and had never been to the hospital.

He was referred by his primary to a cardiologist and was seen within a week. The decision was made to give him a combination pacemaker and defibrillator. The procedure was successful, and David

was symptom free for two years.

One holiday weekend he was out to lunch and his defibrillator went off repeatedly. The multiple shocks to his heart led to an ambulance ride to the local hospital, where he was stabilized. He was then transferred to Boston where the device was originally inserted. They performed an ablation, but two weeks later his defibrillator went off again. The doctor decided to add medication, and he has had no repeat incidents.

David is now in his mid-80s and enjoys life with his family. Meanwhile, Carol stays active with the Center4Life Essential Total Fitness class. She was part of the Center4Life team in the 2016 Sanibel/Captiva Heart Walk and expects to be walking again to support the 2017 event.

The Sanibel/Captiva Heart walk will take place on Sunday, January 29, starting at 1 p.m. It will start in the parking lot behind the new Doc Ford's Rum Bar & Grille on Tarpon Bay Road and will continue along Island Inn Road as in previous years.

It will continue to be an event for the entire family, including pets. The walk is nominally a 5K, but the community is encouraged to show support whether or not they choose to complete the entire walk. It will feature refreshments, entertainment by Thank You for the Dance, a silent auction and T-shirts.

Proceeds support the American Heart Association's research, education and advocacy programs.

This is the fourth consecutive year that The Sanibel Captiva Trust Company has been a platinum sponsor. Il Cielo Restaurant is a platinum sponsor for the second time.

Sponsorship opportunities are available by contacting Kelly Goodwien, Lee Heart Walk director, AHA, at 340-2407 or kelly.goodwien@heart.org.

For more information, visit www.SanibelCaptivaHeartWalk.org.

To learn more or become a sponsor contact Kelly Goodwien at kelly.goodwien@heart.org, phone 495-4901 or visit www.SanibelCaptivaHeartWalk.org.*

Coffee Shop Names Manager



Jasmin Hernandez photo by Bob Petcher

Sanibel Bean has announced that Jasmin Hernandez has been appointed director of operations of the well-known coffee and sandwich shop at 2240 Periwinkle Way.

Born in Clearwater and raised in Fort Myers, Hernandez is involved in all facets of day-to-day operations, including cashier, barista and manager duties. She has honed skills and collected experience in retail, restaurant and other customer service

positions prior to working at Sanibel Bean.

Hernandez says she really appreciates the position she has held for nearly five months.

"Every day is a new day with a new task and new things to learn, all the while making sure everything runs smoothly in every aspect of the business," said Hernandez. "I love it when someone new comes in who is not familiar with coffee. I love how I am able to assist them in introducing them to the wonderful world of coffee."

When pressed what she likes most about working at Sanibel Bean, Hernandez replied her fellow employees.

"(My crew) are the ones that keep me coming back to do what I do day after day. Working alongside everyone that I work with makes this job all the more fun," she added.

Sanibel Bean has been in business since January 1993. From now until Easter Sunday, the establishment will be open from 7 a.m. to 6 p.m. daily. Besides a regular menu, specials will include tacos on Tuesdays and Wednesdays during the height of tourism season. Sanibel Bean also carries ice cream and will scoop pumpkin ice cream for the holiday season.

On Friday, December 2, Sanibel Bean will be involved in the Sanibel Luminary Festival.

"We will have our own Santa along with his wife, our own DJ and a musician along with our own professional photographer who will be on hand to take pictures of those with Mr. and Mrs. Claus," said Hernandez. "We encourage everyone to come out and have fun with us."*

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Dustyn Corace

photos provided



Joel Goodman

Association Of Realtors Holds Annual Meeting And Election Of Officers

The Sanibel & Captiva Islands Association of Realtors Inc., held its annual meeting and 2016 election of officers and directors on October 13.

The 2017 Board of Directors will be installed at The Sanctuary Golf Club on Thursday, January 12.

The association's officers: president, Joel Goodman, VIP Realty Group, Inc.; president-elect, Dustyn Corace, Re/Max of the Islands; treasurer, Deborah Smith, VIP Realty Group, Inc.; secretary, Kasey Albright, John Naumann & Associates; and past-president, Lori Pierot, VIP Realty Group, Inc.

Directors: one-year director, George Kohlbrenner, John Naumann & Associates; three-year director, Mike Badenoch, Buyers Choice Realty; three-year director, Tina DiCharia, VIP Realty Group, Inc.; and three-year director, Becky Mulka, Pfeifer Realty Group, LLC.*

Superior Interiors

Accent Prone

by Marcia Feeney



So, what is "accent furniture" and what can it mean in your home décor?

Clearly, accent furniture suffers from an identity crisis as it is frequently lumped into the "occasional

furniture" category. But accent is definitely not occasional – never has been, never will be.

Accent furniture celebrates individualism. It doesn't want to match and is contemptuous of hanging about in sets or suites of furniture. It stands apart, not in pairs. This individualistic trait distinguishes accent from occasional furniture, which is designed to blend in and match. Occasional is typically plural,

as in two end tables, a cocktail table and a sofa table that match or a suite of bedroom furniture, all detailed and finished exactly alike. Accent pieces exist to break up this monotony by adding that hot spot where there is none.

When carefully selected, the perfect piece can create bright and interesting spots in every room of the home. The category includes chests, tables, benches, chairs, console cabinets, secretaries, wine cabinets, headboards and etageres.

Accent furniture definitely commands attention and usually is the focal point in any room. Often colorful, these pieces can be hand painted or crafted from exotic woods, fossil stones, sea grasses, various metals, hammered copper, glass, acrylic, driftwood, tiles, animal skins, leather or reclaimed woods.

If there are rooms in our homes that haven't changed in years, that still function well but don't excite, maybe it's time for a fabulous accent piece to liven things up a bit. Become prone to accents.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coindcedden.com.*

BeautifulLife:

Fall In Love

by Kay Casperson



Are you in love... with your life? The word and meaning behind "fall" means so many things to me. Fall is a time to enjoy change, in temperature, in colors, in nature, in wardrobe and

in routines. It is a time to reflect on the things you love about your life and also the things that you want to make better or different.

The warm hues of fall bring a cozy and beautiful feeling of comfort. There is nothing better than snuggling up with a comfy sweatshirt and blanket, watching a favorite movie or the football team you're rooting for.

I encourage you to embrace this time to fall in love with your life and reflect on the beautiful things you have accomplished and have yet to do. Make a list of the things that are working great for you and then a list of the things that

you might want to change.

This is a great time to make those much-needed repairs on your home, look into a new hairstyle or fun color, decorate for the holidays or even work on a hobby or project that you have been putting off.

Remember, it's all good, and most importantly, a great time to enjoy your beautiful life.

My favorite affirmations for fall are:

- I will fall in love with my life and cherish my accomplishments. (You are awesome and everything you have done should be celebrated).

- New opportunities fall into my life today and every day. (Follow your heart and run with the ones that fit into your plan).

- When I fall, I get back up, embrace the lesson and grown stronger each time. (Every stumble prepares you for a life of strength and confidence).

Beauty and lifestyle expert Kay Casperson lives on Sanibel with her husband, two daughters and dogs. She produces her own inspirational collections of skincare, cosmetics, wellness, apparel and accessories, and operates four Lifestyle Spa & Boutique locations in Southwest Florida and Orlando. Learn more at kaycasperson.com.*

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Jeweler Holding Trunk Show, Hosting Charity Tennis Tournament

Doron Hakimian, president and chief designer of Doves by Doron Paloma, will mark his second visit to Lily & Co. Jewelers with a trunk show Friday, November 11. Hakimian will then take part in Playing to Keep Families Close the next day, Saturday, November 12 at Beachview Tennis Club, located at 1101 Par View Drive.

The tennis tournament, sponsored by Lily & Co., benefits Ronald McDonald House Charities which creates, finds and supports programs directly improving the health and well-being of children and their families in Southwest Florida.

"We couldn't be more excited to again welcome Doves to our wonderful island," said Lily & Co. owners Dan Schuyler and Karen Bell. "It is a real treat to have him join us in our tennis event, too."

Schuyler, an avid tennis player, met Hakimian at the 2015 U.S. Open with legendary tennis coach Nick Bollettieri. Bollettieri and his IMG Academy pros will provide instruction to players on the HydroGrid clay courts of Beachview Tennis Club. Children can receive tips and win prizes, accompanied by a paid adult.

"The idea is to help the everyday player, sure," said Bollettieri. "But it is more about helping the community, the thing that is most important to Dan and Karen."

The one-day-only Doves trunk show will feature artistically designed pieces inspired by nature. "Doron combines 18-karat gold, diamonds and precious gemstones to create unique treasures," said Schuyler.

Hakimian has always been a jewelry enthusiast. He grew up in a family of precious gemstone manufacturers, but chose to pursue his other passion, architecture. Hakimian received his architecture degree and garnered several honors, including the American Institute of Architects design award.

He discovered his hidden talent for creating beautiful jewelry when he spent a summer sketching pieces for his family business. His talent for drawing, along with his architect's eye, proved to be a winning combination for creating jewelry. Today, every Doves' piece begins with a pencil and a sketch board.

In the past several years, Doves' trend-setting designs have received celebrity attention – designing exclusive pieces for First Lady Michelle Obama, Jennifer Lopez, Catherine Zeta-Jones and others.

"I couldn't be more thrilled to once again visit Lily & Co. and Sanibel Island," said Hakimian. "From the first time I met Dan and Nick, I knew they had big hearts. This special tennis event really represents a small portion of what they do



From left, Doves Chief Jewelry Designer Doron Hakimian, Hall of Fame Tennis Coach Nick Bollettieri and Lily & Co. Jewelers Co-owner Dan Schuyler at the 2015 U.S. Open Tennis Championship photo courtesy Lily & Co.

for their community. I am just delighted to be a part of it."

The trunk show is from 10 a.m. to 5 p.m. at Lily & Co. Jewelers, located at 520 Tarpon Bay Road.✱

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Coordinating Your Legal, Tax And Financial Professionals



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

In a recent client meeting, it occurred to me how many clients don't see the importance of coordinating their legal, tax and financial professionals on a regular basis. When we create estate plans, for example, I always ask my client who their financial professional is, as well as who prepares their tax returns. I then inquire whether we should include those professionals in our estate planning discussions.

Today, many clients have a variety of assets that not only have estate planning ramifications, but income tax as well. A prime example of this exists in IRA and 401(k) accounts. As most know, when you withdraw money from your IRA or 401(k) account, those distributions generally realize ordinary income, resulting in income tax. When you pass on, there are a variety of income and estate tax consequences to whom you have selected as the primary beneficiary, and how that beneficiary inherits, whether it is in a spousal rollover, inherited IRA account, or through a trust.

Financial professionals are well versed with how to invest inside of these retirement accounts, but may not be as familiar with the legal and tax ramifications of various beneficiary designations. Here's where it is advisable to get your estate-planning attorney and financial professional speaking to one another in order to minimize potential problems.

Recently I met with a client who, before meeting with me, had their IRA payable to a trust in an effort to provide income to the surviving spouse for her lifetime, but then terminate to the children. It was a blended family in a second marriage, so on its face it appeared that leaving the IRA to a marital trust would accomplish the dual goals of providing for the surviving spouse, yet leaving the balance for the children of the account owner at that surviving spouse's death.

Trusts and beneficiary designations were prepared and signed to accomplish these goals.

Except that's not how it would have worked out. The trust in question did not qualify the spouse as an "identifiable beneficiary" under the IRS Treasury Regulations, which would have accelerated all of the taxable income in payment to the trust shortly after the account owner's death. Federal income taxes would have consumed more than 40 percent of the IRA assets, and the family would have lost the ability to grow the remainder tax deferred.

Even if the identifiable beneficiary regulations were satisfied, if the surviving spouse lives to her normal life expectancy, the IRS Minimum Distribution Table for the Inherited IRA would have completely drained the IRA for the benefit of the surviving spouse. Here, the trust was not drafted as a pure "conduit" trust, meaning that all of the taxable income of the trust would have actually been distributed to the surviving spouse. Remember that when an IRA distributes income, it is taxable as ordinary income to the recipient.

Because much of that income would have been trapped in the trust, the compressed trust income tax rate schedule would have applied, meaning that 44 percent of the income would have been lost to Uncle Sam.

Even if the surviving spouse does not live to a normal life expectancy, the IRS Minimum Distribution Tables for Inherited IRAs would have required the distribution of the IRA under her life table, even after her death. This accelerates the income even for the children and hence the income tax which is not the ideal outcome.

IRAs and 401(k)s are not the only assets where you would want your legal and financial professionals to interact in order to achieve the best estate planning outcome. Annuities also have built-in ordinary taxable income, and their planning is quite complex, especially when the goal is to bifurcate the income for the benefit of a spouse and other loved ones.

Unfortunately, most financial professionals are unaware of the complex income tax and estate planning consequences associated with the various financial instruments that they sell to their clients. There is nothing wrong with the investments themselves, per se, only that much greater thought should be put into how those investments fit into the estate plan, given a client's goals.

Getting your financial professional and your estate-planning attorney together during the planning process could serve to mitigate these potential problems.

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Red Sox Open Scholarship Applications

The Boston Red Sox Foundation, in partnership with the Foundation for Lee County Public Schools, Inc., will again be awarding 13 individual \$5,000 scholarships in spring 2017 to one deserving student from each of the 13 public high schools in Lee County.

Applications are now open and are available to public high school seniors by contacting the school's guidance counselor or Alicia Miller at Alicia@leeschoolfoundation.org or calling 337-0433.

Applications are due by Monday, December 19.

Scholarship funds are raised from proceeds of the Red Sox annual Swings For The Sox golf tournament.

"We are proud to be able to harness the passion our fans have for the Red Sox and transform it into a vehicle for positive change in our communities," said Katie Haas, vice president of Florida business operations for the Red Sox. "Education is an important area of focus for our foundation and we are excited to see the funds from our annual golf tournament awarded locally to our promising students who will be this community's next leaders."

The Red Sox Foundation's fifth annual Swings For The Sox golf tournament activities held in October raised more than \$80,000. In its first five years, the tournament has raised \$260,000 for local nonprofits.✱

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Rotary Happenings

submitted by Shirley Jewell



Just as Rotarians entered The Dunes clubhouse last week for our weekly breakfast meeting, you couldn't miss the elephant in the room. It wasn't really an elephant... it was a beautiful black Labrador retriever puppy proudly wearing a distinctive guide/service dog working vest. One-year-old Ranger was accompanied by his guide dog trainer, David Gaide, and Southeast Guide Dogs spokesperson Roy Kennedy.

Puppies like Ranger are carefully selected for guide-dog service. Kennedy said, "Breeding, intelligence, temperament, loving personality, and trainability are all part of the selection process, along with the capacity of not being distracted easily."

Newborn puppies go into gentle training as soon as they're born. Those puppies are tickled and stretched as part of the early socialization program. Before they're weaned, young puppies are exposed to sights, sounds, textures and plenty of puppy hugging. At about nine to 12 weeks old, puppies are ready for a one-year home training program with volunteer puppy-raiser families. It is here that they become comfortable with home life, learn basic obedience and begin to experience the world. They are expected to learn about 40 key central commands along with directional commands, such as right and left. Obedience and focus during training is essential and can be taught even during feeding time; food is put before them but they must wait to eat, until given permission to eat. Fine-tune commands are taught regarding guiding and walking while they are with their puppy-raisers. They go to work with their puppy-raisers, out to eat, on trips and even to the grocery store. Normal socialization and introducing them to basic harness commands are just the beginning of their training. At about



Roy Kennedy

photos courtesy San-Cap Rotary Club

one year, the dogs leave their puppy-raiser families and go back to the Southeast Guide Dog facility in Palmetto, Florida for additional hard-core harness training.

Southeast Guide Dog additional training takes place on an impressive 33-acre property located just off I-275 in Palmetto, including a state-of-the-art veterinary center and a freshman facility, where dogs returning from their puppy-raiser homes are assessed again for health, temperament and suitability for guide work. The puppies learn to deal with sights, sounds and stimuli, additional commands are introduced - learning how to measure distance, how to judge street and curb conditions, even analyzing height of objects encountered. Training can also include how to drag their owner to safety in an emergency, and personalized training tailored to their upcoming owners.

Selection of types of guide/service dogs:

Guide Dog Major: After about six months of formal harness training plus 26 days of student-handler training, dogs that graduate as guide dogs provide independence and confidence to those with visual impairments.

Service Dog Major: After about six months of formal training plus 12 days of student-handler training, dogs that graduate



Ranger, the guide/service dog who visited last week's San-Cap Rotary Club meeting

as service dogs provide independence and confidence to veterans with post-traumatic stress disorder. This major requires intelligence, confidence, sensitivity, willingness to please and a prominent level of calmness.

Facility Therapy Dog Major: Dogs that are hand-selected for this career provide therapeutic services to veterans and families being treated in military medical facilities across the nation.

Public Service Dog Minor: Dogs that are hand-selected for public service serve in law enforcement careers such as arson, firearms and drug detection, and for the Fish & Wildlife Commission. This minor requires strong intelligence, poise and extraordinary sniffing drives.

Canine Connection Dog Minor: Dogs that are hand-selected for this career become companions for youth with visual impairments, building a bridge to a future guide dog. This minor requires exceptional

affection for children and extremely peaceful demeanors.

Emotional Support Dog Minor: Dogs that are hand-selected as emotional support dogs provide therapeutic comfort to veterans with disabilities. This minor requires affection, sensitivity, and a peaceful and calm demeanor.

Southeast Guide Dogs work with more than 250 puppies a year. According to their website, "It takes two years, tens of thousands of dollars, and a community of supporters and volunteers to create our world-class dogs." The working life of a guide dog is about 10 years before they are retired. Southeast Guide Dogs then finds placement in new homes. They receive no government funding and provide all dogs at no cost to recipients.

*The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.**

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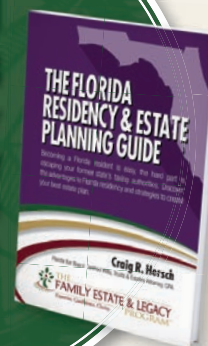
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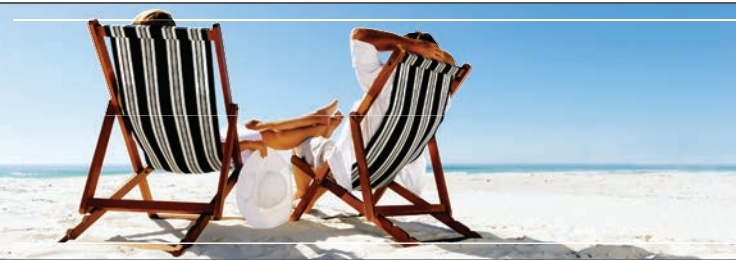
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6. Gulf Access Canal Home - Sanibel

- 3 BR/3BA, on navigable canal
- Boat dock and lift, Gulf access
- **\$1,425,000** EUR €1,306,632



7. Heart of Captiva Village; "Belle Mar"

- 5 BR/ 5.5 BA stunning courtyard pool home
- Concrete construction, Steps to the beach
- **\$2,599,000** EUR €2,383,113

8. 3 BR/3.5 BA On West Gulf Dr.

- Steps to the Gulf, swimming pool, impact glass
- Newer construction, large open kitchen
- **\$1,349,000** EUR €1,236,945

9. Sanibel Bayous Home - Sanibel

- 3 BR/2 BA Near beach home
- Updated kitchen & bathrooms, granite/stainless
- **\$648,000** EUR €594,173

10. Captiva Village

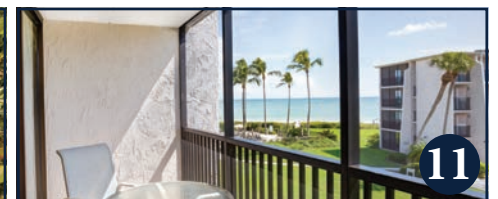
- 4 BR/3 BA - "Beach Lodge", turnkey home
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The Twins will play 18 home games at the CenturyLink Sports Complex in Fort Myers, starting February 24 against the Tampa Bay Rays. The home schedule also includes three against the Boston Red Sox, two against the St. Louis Cardinals and visits by the Washington Nationals, Toronto Blue Jays and Baltimore Orioles.

Following these weekend games, Florida departs on a four-game road trip to Atlanta and Greenville, returning home to Germain November 18 when Greenville provides the opposition.✪

In the first three weeks of League play, Bunt's Ball Buster shooter Rich Ennis managed to only post two wins per night after a one win effort for the season opener. This week he won four straight rather handily. Why? He and his lovely wife, Sally, had a week off from their ballroom dancing lessons. Rich obviously was rested.✱



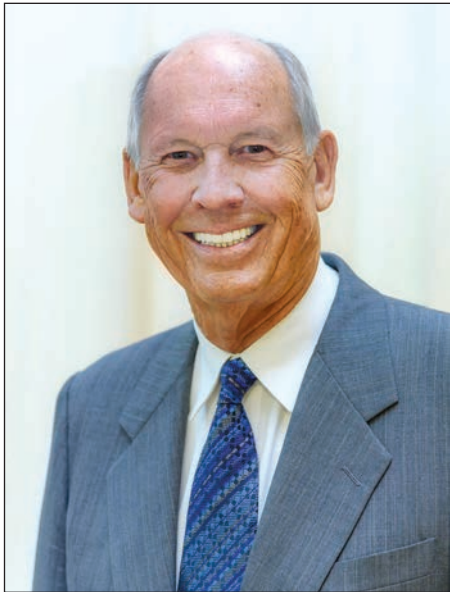
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A black and white portrait of Dr. Robert J. Kohn, a middle-aged man with glasses, smiling, wearing a dark suit and a striped tie.

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Gill Receives Alumni Award



Kenneth R. Gill

photo courtesy McDaniel College

Kenneth R. Gill, a resident of Sanibel, has received the alumni community service award from McDaniel College. He is a 1961 alumnus of the college.

Presented annually during McDaniel's Homecoming, the alumni community service award is given to a graduate who has performed outstanding voluntary service to their community beyond normal business or professional obligations.

Gill majored in sociology at McDaniel (formerly Western Maryland) College and played football all four years. A member of the college's ROTC program, he was commissioned as a second lieutenant in the U.S. Army after graduation and served in the 101st Airborne Division during the Cuban Missile Crisis. After his return from the service, he went to graduate school at

the University of Maryland.

Through an ad in the *Wall Street Journal*, he got involved with the food industry. He began his entrepreneurial voyage in foodservice as a restaurant operator, eventually moving on to the equipment-dealer business and ultimately presiding over multinational distribution operation. He has owned all or part of as many as seven companies at once, including Gill Group, Inc., an international foodservice equipment and supplies contractor ranked among the largest in the country, and The Gill Company, which is comprised of Gill Marketing and Gill Manufacturing.

He joined Food Service Equipment Association (FEDA) in 1978 and served as president from 1989 to 1991; he later helped establish FEDA's Educational Foundation. In 1996, he became a founding partner of Foodservice Equipment Reports. In 2009, he received FEDA's lifetime achievement award. He was named to Foodservice Equipment and Supplies Magazine's Hall of Fame in 2015.

Gill was elected to the McDaniel College Board of Trustees in 2002 and has set up a scholarship fund to honor his wife, Joanne Moffatt Gill, a 1962 alumna, as well as created the Ken Gill Fund for Enterprise Economics at the college. In 2012, McDaniel dedicated the Kenneth R. Gill Stadium in his honor. He chaired the Stadium Project Committee to fund the \$8-million-plus facility solely through individual gifts including his own \$2.25 million donation. Also in 2012, he was inducted into McDaniel's Sports Hall of Fame.

A graduate of Montgomery Blair High School in Silver Spring, Maryland, he was inducted into the school's Hall of Fame in 2009. He has also served on numerous boards, including at Anne Arundel Medical Center in Maryland, where he was treated for prostate cancer. A walkway at the hospital is named after Gill and his wife.✽

Physicians Present At Osteopathic Convention

The Florida Osteopathic Medical Association (FOMA) held the 41st annual Seminars In Family Practice at South Seas Island Resort on Captiva from October 6 through 9. Lee Health physicians were invited to present on the concept of food is medicine.

The agenda included:

- Salvatore Lacagnina, DO, Lee Health vice president of health and wellness, presented Food is Medicine, an overview of the science of nutrition
- Brian Taschner, MD, Lee Physician Group cardiologist, whose presentation Plant-based Diet outlined the cardiovascular impact of plant-based nutrition
- Sebastian Klisiewicz, DO, Lee Physician Group physiatrist, discussed Nutrition and Chronic Pain
- Jose Colon, MD, Lee Physician Group sleep medicine specialist,

focused on Energy, Wellness and the Brain

The conference's target audience was family and internal medicine physicians, advanced registered nurse practitioners, nurses, physician assistants and other related health care professionals involved in the evaluation, diagnosis and management of patients.

"My colleagues and I were very excited to present at the FOMA conference," Lacagnina said. "Our work – and the focus of our presentations – really show that food is the cause and the solution for many health care problems today. We hope to inspire physicians and health care professionals to start the conversations with their patients about the importance of good nutrition, exercise and lifestyle changes."

This is the first year that Lee Health physicians have been asked to present at the conference. They have also been asked to participate in the 2017 conference at South Seas Island Resort.

For more information, visit www.LeeHealth.org.✽



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- Those who are studying mediumship and aspire to develop those skills necessary to work with the bereaved
- Those who have suffered the loss of a loved one and seek connections and evidence that they have survived physical death
- Those who are curious about the process of mediumship
- Those who want to learn more about all types of evidence suggesting life after death

Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Trash & Treasures Sale will be held Saturday, November 12 from 9 a.m. to 2 p.m.

Donations of clean, gently used items are welcome, and tax deductible. Bring them to the center Monday through Friday between 8 a.m. and 3:30 p.m. No books, clothes, shoes, computers or old TVs.

Page Turners – If you would like to be on the Page Turners list, contact the center. Discussions begin at 2:30 p.m.

The featured book for Wednesday, November 9 is *Nightingale* by Kristin Hannah.

Friday Collage Classes with Bea Pappas – November 4 12:30 to 3:30 p.m.

Pappas will teach an easy approach to collage, both figurative and abstract. Bring a pint of fluid matte premium, scissors, papers, magazines and substrates (substrates can be watercolor paper, canvas, canvas board or mat board.) Cost is \$15 for members and \$20 for non-members. Call to sign up.

FISH Friendly Faces Luncheon & Tour – Tuesday, November 8 at 11:30 a.m. Cost is \$8 for members and non-members.

Have lunch with FISH volunteers and staff at George & Wendy's. Tour the new facility across the street and hear about the services, programs and workshops offered by FISH, and learn about ways to help. Advance registration is required. Deadline is Friday, November 4.

AARP Driver Safety Course – Thursday, November 10 and 17, 1 to 4 p.m. Course fee is \$20, AARP members receive a \$5 discount.

Interactive, two-day class for drivers 50 and older to learn safety strategies, rules

of the road, how to deal with aggressive drivers, and maintain confidence. After completing the course, you will be eligible for a discount on your auto insurance. Classes will be held at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road. Register by contacting Ed VanderHey at 292-4012. You do not need to be a member but you must attend both classes in order to receive course certificate.

Sunset Social on the Causeway – Thursday, November 10 beginning at 4:30 p.m. There is no charge for members, non-member charge is \$5.

Spend an evening relaxing and watching the sunset with friends. A special tribute is scheduled. Bring an appetizer to share and a beach chair. Contact the center for directions to the viewing area (weather permitting).

RS Walsh Garden Tour & Lunch at Cip's Place – Tuesday, November 15. Cost is \$5 for members and \$10 for non-members.

Private tour of RS Walsh retail center and In The Garden outdoor showroom. There is a large assortment of native and tropical plants, pottery, fountains, garden accessories and works by local artists. Lunch is on your own at Cip's Place, which includes a talk about the "Wall of Faces" mural. Carpooling available. Advance registration required. Deadline is Friday, November 11.

Complimentary Diabetes, Glaucoma, Hearing and Blood Pressure Screenings by Sanibel-Captiva Lions Club – Friday, November 18, 9 to 12:30 p.m.

All screenings take place at the center. The screeners have been trained and certified by a doctor and use all appropriate methods to ensure antiseptic conditions and privacy. Screenings are on a first come basis.

SHINE Medicare Open Enrollment – Monday, November 21, 10 a.m. to 2 p.m.

The SHINE (Serving Health Insurance Needs of Elders) program is offered for

free by the Florida Department of Elder Affairs and local Area Agency on Aging. Trained volunteers can assist you with Medicare, Medicaid and health insurance questions. No pre-registration required.

Games

Cost for all games is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Bridge – Monday and Wednesday, register by 12 p.m. Game begins at 12:30 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

Hand & Foot – Thursday at 12:30 p.m.

New Game: Hearts – Friday at 12:30 p.m.

Tuesday Kayaking – November 15 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Line Dancing Classes – Tuesdays, November 15, 22 and 29 at 12:30 p.m. (new time). Cost is \$5 for members and \$8 for non-members.

The instructor will review dance steps then turn up the music so you can dance. Bring a friend. Call to register.

Fitness class schedule on Tuesday, November 8 is cancelled due to the General Election. Fitness classes will resume on Wednesday, November 9.

Fitness Classes

Members cost is \$4 per class, visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning

exercises. Hand weights, stretch cords and body weight are used. Athletic footwear required. Instructors are Grace Elston and Connie DeCicco.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 a.m. (11 a.m. class resumes Monday, November 7). Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.*

Contest Seeks Family Chefs

The 2nd annual Cooking with the Islands' Stars will be held on Saturday, January 28. The cooking celebration seeks five island family chefs to share their love of food along with a brief demonstration of their signature dishes and the recipes.

This year, the two top prizes will be culinary tours of the Miami area, cooking with top chefs and visiting the diverse cooking scene, accommodations included.

Last year's contest raised more than \$162,000 for the new Community House kitchen. This time, funds will go toward making the Culinary Education Center an exciting, innovative part of the community's love of cooking.

Funds are needed for a resident chef to teach classes, assist with Sanibel Community Association events, train others in the proper use and enjoyment of the facility, properly stock the kitchen with necessary utensils and equipment, and create and nurture a culinary garden.

Call Marge Meek at 472-2466, Salli Kirkland at 209-2514, The Community House at 472-2155 or visit www.sanibelcommunityhouse.net for an application and rules.*

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Blood Issues? Trace Liver Meridian



by Karen L. Semmelman,
Certified EEM,
JD, AAML (03-12)

From a “western” view, liver (LV) acts as a chemical refinery responsible for metabolizing and distributing nutrients, removing dead cells and

toxins, transforming other nutrients into glucose for energy to the cells. From a traditional Chinese medicine view, LV has more responsibilities including providing for a smooth flow of blood and energy to every cell in the body – thus, it’s been named “The Commander of the Blood,” making certain there is a perpetual

balance and flow between blood, energy and emotions, enabling for openness to new ideas and experiences. If blocked energy in LV, one will find it difficult to express and release emotions creating dis-ease, which may manifest in upper back tightness, blurry vision (LV controls the eyes), candida, chest tightness, eye disease, fungus, hypertension, low sperm count, menopause issues, irregular periods or PMS.

LV with gallbladder governs muscles, tendons, ligaments and nails.

As a reminder, view the August 5 and 12 columns, since the basics of tracing are set forth.

Meridian Flow Wheel Time of Day – LV meridian’s high tide is 1 to 3 a.m. We always begin and end by tracing central and governing meridians before starting to trace the other meridians. If you begin tracing your meridians at 1 30 a.m. (you definitely have an energy imbalance), then begin with LV.

Reasons To Trace Alone In Addition To Tracing All Meridians – Although it is best to trace all your meridians as one continuous flow, you may want to trace LV if you have some of the symptoms

listed in the opening paragraph above or if you experience thick toenails, toxicity or avoid wearing the color green.

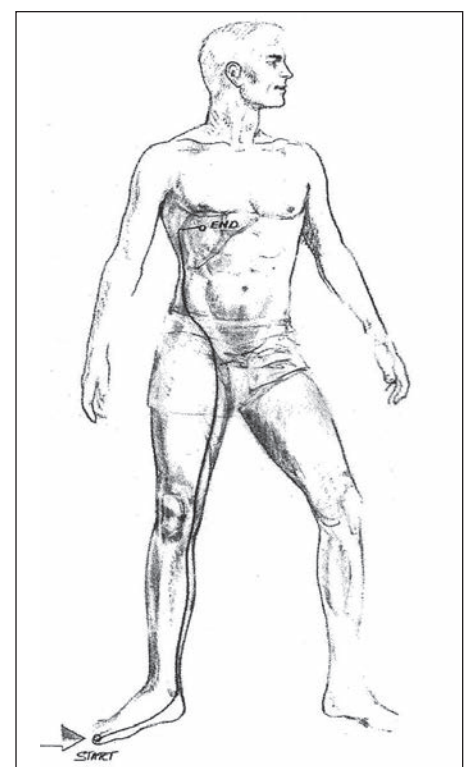
Affirmation For This Meridian Is “I Am Kind To Myself” – Remembering that matter follows energy, stating a positive thought shifts the energy just by the intention... this is the metaphysical fabric of life. We are all part of that pure fabric of existence, so reap its benefits.

Pathway of Meridian – Do both sides at the same time. Place fingers at the inside base of the big toe nail (beside the second toe), move hands up inside of the leg flaring out slightly by the hips, continue up the side of the rib cage and then to first rib under the breast in line with the nipple. That’s it – you just traced liver meridian!

Flushing or Tracing the Meridian Backwards – Remember that if there is too much energy in a meridian, you may want to trace it backwards and see if that makes you feel better. If experiencing pain or dis-ease in the area of a meridian, it is likely that removing the energy from the meridian will provide relief. If it does, then trace it backwards three times, but never trace heart backwards. If it seems there is not enough energy in your meridian, then trace it forward three times. If you feel better, this is what was needed.

Experience the impact of the energetic shifts. To flush a meridian, as if you are declogging a pipe, trace the meridian once backwards to loosen the sludge and then trace the meridian forward three times. Flushing really helps reset the meridian’s balance.

Keep this column as a reminder of how to trace liver while you learn the next four meridians over the next month.



Tracing the liver meridian

Have fun with your energy! Next week’s topic is Rigid, Inflexible, Nose Issues? Trace Lung Meridian.

If you have a question, email Karen at SemmEnergyCenter@gmail.com or visit www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✧

dearPharmacist

Ease Stomach Aches And Cramps



by Suzy Cohen, RPh

Dear Readers: Last week, I was tearing apart my kitchen cabinet looking for asafoetida spice when my eye fell on a screw-top glass jar filled with little chunks of brown “cramp” bark. I confess my

kitchen pantry resembles Aladdin’s cave of precious herbs and spices. Some of these I keep for medicinal reasons, and others are to season recipes. Most of the time, there is overlap because everything I cook is medicinally infused somehow.

So this is how I came to use cramp bark. It felt like synchronicity because my husband, Sam, was complaining of stomach cramps that afternoon. And here I had just found a glass jar containing cramp bark in my cabinet. I threw a tablespoon of the little pieces of broken-up bark into a saucepan and added about 2 cups of water. Then, I set it to simmer for 10 minutes, after which I presented Sam with a steaming cramp bark infusion, sweetened with honey. Call it cramp bark tea, although the recipe can change based upon desired potency.

Within 10 minutes, it completely relieved his vexing stomach ache and we were both a little surprised. He fell asleep peacefully. (Note to self: Give him this stuff tomorrow night when he crawls in to bed at midnight replaying the Presidential debate on his iPhone.)

Herbalists know this herb can relax smooth muscles, like those of the intestines, bladder and uterus as well as striated muscle, such as skeletal muscle.

Cramp bark, known botanically as *Viburnum opulus*, has vivid-colored berries which can be used to create red ink. Healers have used cramp bark for arthritic pain, backache, menstrual cramps, cramping due to irritable bowel syndrome, urinary pain and muscle spasms (such as a cricked neck). Because of its calming effect on the nervous system, cramp bark is sometimes also used as a mild sedative for nervous tension.

One of the most popular uses for cramp bark is to provide relief from monthly menstrual pain. The discomfort ranges from blessedly mild to requiring narcotics (hydrocodone) or non-steroidals (naproxen or ibuprofen) just to get through “that time of the month.” Cramp bark can “unwind” uterine tension.

For those of you suffering from regular or chronic pain caused by spasms, back pain or monthly cramps, consider adding cramp bark to your herbal medicine cabinet. Ask a holistic doctor first. I’d avoid conventional prescribed painkillers for as long as you can because they have highly undesirable side effects including heart disease, constipation, neuronal degeneration and/or addiction. Plus the way I see it, you are just removing one problem and ushering in new ones.

I’ve archived a comprehensive version of this article at my website, so sign up for my newsletter and I’ll email it. Cramp bark comes as an herbal tincture and capsule as well as dried bark that you can steep with water to make tea.

If you are sensitive or allergic to aspirin, I’d recommend that you avoid cramp bark because of its salicin content. If you take blood thinners (Coumadin, Plavix and others), then cramp bark is not recommended.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✧

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Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I have a friend who is a perpetual whiner and complainer. She is totally oblivious to it. She creates her own stress and then complains about how stressed out she is. I am getting to the point where I really don't want to be around her. Any suggestions on how to handle this?

A: Hearing your friend whine and complain is a downer. Sounds to me like she is repeating an old habit and is also being a victim. Your friend may be what I refer to as a "basement person." She is stuck in the basement and wants to bring everyone down in her basement. Your friend may be grieving the loss of expectations she has placed on herself for a long time. She may have set too high of expectations that were never met, therefore, she places

herself in a "victimization" role without even realizing it.

If you are comfortable with bringing this issue to her attention, you could encourage her to set healthy boundaries and realistic expectations. To set healthy boundaries, she needs to first recognize what her weak boundaries are in the following areas of her life: emotional, physical, mental and spiritual. Then she can begin to develop an awareness to what healthy boundaries are and what they can mean to her. Then she can begin to create healthy boundaries to begin to gain a sense of balance in her life. Lack of personal boundaries or poor boundaries result in not feeling good about oneself through being overwhelmed, out of balance, and victimized.

Once your friend can recognize and set healthy boundaries, she will begin to feel a sense of balance and structure in her life, thus resulting in a better attitude and overall sense of well-being.

*Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at constanceclancyfisher@gmail.com.**

Doctor and Dietician Cauliflower Soup



by Ross Hauser, MD
and Marion Hauser, MS, RD

This is an amazing vegan, gluten- and casein-free recipe void of cream, milk or dairy. It is very low in calories, yet very satisfying. Certainly if you wanted to increase the creaminess of it, you could add milk/cream, but it stands alone nicely and is very creamy without the added sometimes allergenic milk products and calories.

Cauliflower Soup

- 1 tbsp. canola oil
- 2 medium onions, chopped
- Pinch of sugar
- Approximately 1/2 tsp. Kosher salt
- 3 cloves garlic, chopped finely
- 1/2 cup dry white wine
- 1 large head cauliflower, chopped

(approximately two pounds)
4 cups chicken broth or vegetable stock (organic boxed or homemade)
Fresh ground pepper
2 tbsp. extra virgin olive oil
1 tbsp. fresh parsley, finely chopped
2 tbsp. fresh chives, finely chopped
Heat oil in a large pot and add onions, salt and a pinch of sugar. Cover and sauté for about five minutes until soft. Add garlic and wine. Cook, stirring until the liquid is nearly all evaporated. Stir in cauliflower and broth and bring to a boil over medium-high heat. Reduce temperature, cover and simmer until cauliflower is very soft (about 25 to 30 minutes). Check frequently and stir.

Remove from heat. Blend with an immersion blender until smooth. (If you don't have an immersion blender, blend in the blender in a few batches, making sure to vent the steam.)

Combine olive oil, chives and parsley. Serve atop bowls of hot soup. Drizzle with additional olive oil as desired.

• Kitchen Tip: For a creamier soup, use milk, soy or rice milk for half of the broth.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**

Email your editorial copy to:
press@islandsunnews.com

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

My husband and I both had very good jobs in long established companies. When my parents divorced in their late 60s, I never doubted that there would be enough money for both of them to live separate lives. Was I surprised!

When my mother could no longer live independently, I felt that I could afford to place her in a nice retirement complex. She did not like it at first, but now is very happy and well adjusted.

Out of the blue, my company was sold and I am out. The new company brought in their own people and I can't

get a job at even half of my former salary.

What do you suggest I do to relocate my mother in something she and I can afford?

Polly

Dear Polly,

A big part of living into late life is financing care. Many older folks did not financially plan for later life. I see numerous adult children providing financial support to their parents. When, to your situation, a company downsizes or is bought out, the financial costs affect both generations and the only choices are hard choices.

Start looking at communities accepting special assistance. Call the Department of Human-Social Services to determine if your mother would qualify for Medicaid. Also, if your mother served in the military and was honorably discharged, call the Department of Veterans Affairs to see if she would qualify for any assistance.

Pryce

Dear Polly,

Our society is changing rapidly, and we are forced to adjust and make quick decisions also.

I suggest you do as Pryce suggests and do your very best to relocate her.

You may find it necessary to make a temporary move to your home while you are finding the right relocation facility for your mother. Try to avoid having to act in haste and in so doing making a wrong decision that you would later regret.

Lizzie

*Lizzie and Pryce's email address is momandmeaging@hotmail.com.**

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Snapper Almondine

4 six-ounce snapper fillets
 2 teaspoons cayenne pepper
 Sea salt, to taste
 Ground black pepper, to taste
 1 cup rice flour
 ¼ cup butter
 ½ cup sliced almonds
 ¼ cup lemon juice
 ¼ teaspoon flat leaf parsley,
 chopped
 Parsley sprigs for garnish (optional)
 Sprinkle fillets with seasonings then
 dredge in flour. Melt butter in shallow
 skillet over medium-high heat; add fillets
 and cook 3 to 5 minutes per side until
 golden brown and cooked through.
 Remove fillets from skillet and keep warm.
 Add almonds to butter in the skillet;
 cook until almonds are browned. Stir in
 lemon juice and parsley. Spoon sauce
 over cooked fillets and garnish with fresh
 parsley.

Yield: 4 servings.✱



Snapper Almondine

photo courtesy Fresh From Florida

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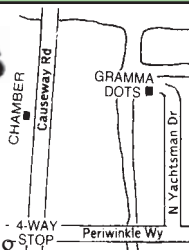
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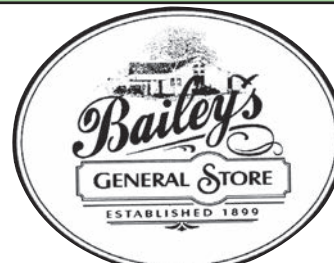
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ARTS	
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Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
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Sanibel Music Festival	336-7999
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SW Florida Symphony	418-0996
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American Legion Post 123	472-9979
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CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
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FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH. OF SANCAP 24-hr service	472-0404
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Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assoc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-1202
Sanibel-Captiva Shell Club.	facebook.com/sancapshellclub 267-7291
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ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
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Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:
press@islandsunnews.com

PETS OF THE WEEK

Kenzie is an 11-month-old female pit bull terrier who is an all-around great dog who absolutely loves everyone. Her favorite thing to do is to play with her canine friends at the shelter in play groups. She's a young, small dog and will make an outstanding companion for any family.

Adoption Fee: \$75 (receive 50 percent off when you bring in your "I voted" sticker now through Tuesday, November 8.)

Sunnie is a 1-year-old domestic short hair spayed female who likes to spread her sunshine everywhere. She greets all visitors and enjoys playing with her roommates at the shelter. She has beautiful patches of orange throughout her brown-and-white coat. Sunnie is also partial to treats and lap sitting.

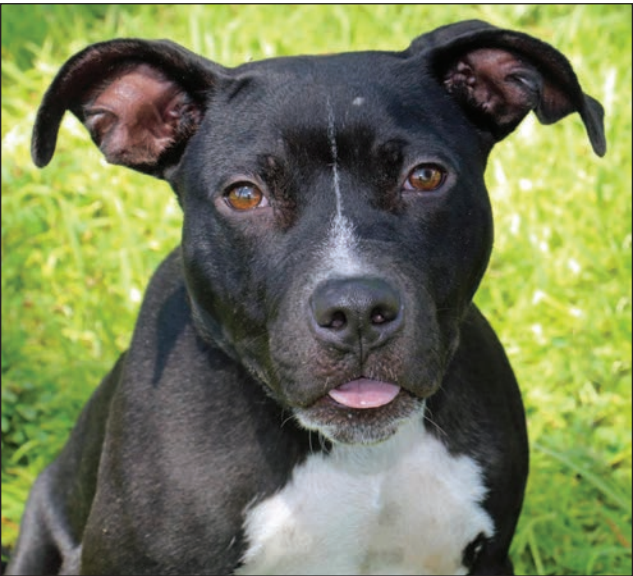
Adoption fee: \$50 (receive 50 percent off when you bring in your "I voted" sticker now through November 8.)

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Kenzie ID# 673592



Sunnie ID# 676371

PAWS Of Sanibel
Missing Cat



Clark

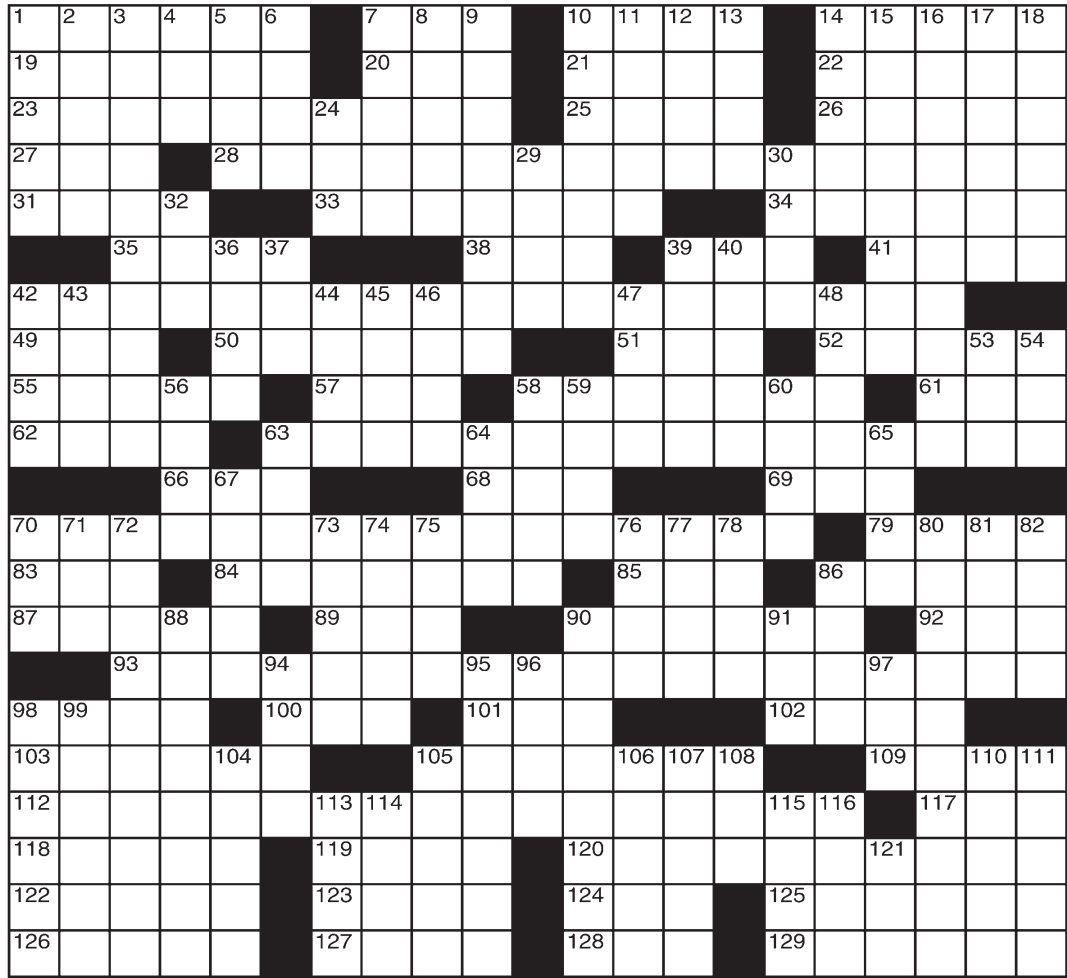
Clark has been missing since Friday, October 21. He somehow managed to get outside his home on West Gulf Drive in the vicinity of Beach Access #1. He is a roughly 2 year old, small to medium neutered male. He may be difficult to capture. If you see Clark, contact Pam at PAWS as soon as possible at 472-4823.*

PUZZLES

Answers on page 29B

Super Crossword SCHOOL ORDERS

- ACROSS
- 1 Loch monster moniker
- 7 — Tomé
- 10 Party giver's abbr.
- 14 Disk units
- 19 And much more of the same: Abbr.
- 20 Waters off Fla.
- 21 Part of BSA: Abbr.
- 22 Target for an exterminator
- 23 Start of a riddle
- 25 "Me neither"
- 26 Hunky-dory
- 27 Address book no.
- 28 Riddle, part 2
- 31 Polar vehicle
- 33 Puts on the burner again
- 34 Fair-haired folks
- 35 Saintly glow
- 38 On top of that
- 39 Wall St. insider, maybe
- 41 Brewery oven
- 42 Riddle, part 3
- 49 Crooner Jones
- 50 Lament
- 51 Perp's charge
- 52 "Later, José"
- 55 Ample
- 57 Trawl, e.g.
- 58 Typical Tiger Beat readers
- 61 Brewery tank
- 62 Round hairdo
- 63 Riddle, part 4
- 66 Toshiba rival
- 68 Neighbor of Arg.
- 69 U.K. "Inc."
- 70 Riddle, part 5
- 79 "—Ca-Dabra" (1974 tune)
- 83 Stadium shout
- 84 Without help
- 85 With 4-Down, gear up
- 86 Newbies, so to speak
- 87 Die marks
- 89 Numbered hwy.
- 90 Like red soil
- 92 Ore- (maker of Zesties!)
- 93 Riddle, part 6
- 98 "Mamma Mia" quartet
- 100 Suffix for an enzyme
- 101 Stadium shout
- 102 Vatican site
- 103 Detonate
- 105 African cat
- 109 Meat stamp inits.
- 112 End of the riddle
- 117 Cal. units
- 118 Holy Roman emperor known as "the Great"
- 119 Ian who played Bilbo Baggins
- 120 Riddle's answer
- 122 Ban Ki-moon heads it, for short
- 123 Run up — (drink on credit)
- 124 "A," in Caen
- 125 Submissive
- 126 Big mattress maker
- DOWN
- 1 Colorful amphibians
- 2 Merman of "Gypsy"
- 3 Warrior's suit with small, overlapping plates
- 4 See 85-Across
- 5 — -bitsy
- 6 Audio effect
- 7 Ketchup, e.g.
- 8 Words after attorney or heir
- 9 Language of early inscriptions
- 10 Rampaged
- 11 L.A. hazes
- 12 Stylish Wang
- 13 Rigidly formal
- 14 Bar fight
- 15 Gave an attention-getting shout
- 16 Fallen suddenly
- 17 Clicked-open greetings
- 18 Least bold
- 24 "The Skin of — Teeth"
- 29 Author — Hubbard
- 30 Peters out
- 32 Penn & Teller, e.g.
- 36 July gem
- 37 Bonobo, e.g.
- 39 "Law & Order" actress — de la Garza
- 40 Push away
- 42 Razor choice
- 43 Slip up
- 44 High-end hotel chain
- 45 Antagonists
- 46 Way to go
- 47 Glenn of the Eagles
- 48 Laces into
- 53 Sculler's tool
- 54 Bourbon and Wall: Abbr.
- 56 Funny Sahl
- 58 Govt.-issued security
- 59 Snaky swimmers
- 60 Bank (on)
- 63 God that's part goat
- 64 Conical wind
- 65 The date 6/6/44
- 67 Earthen pot for liquids
- 70 Tax-taking org.
- 71 Tot's break
- 72 One given to ostentatious display
- 73 Golf vehicles
- 74 Offering-plate share
- 75 Notion, to Fifi
- 76 Eye creepily
- 77 — tide
- 78 About 5.88 trillion mi.
- 80 Wedding VIP
- 81 Traveled by bus, e.g.
- 82 "That is — commen-tary"
- 86 Old toy company
- 88 Defrosts
- 90 Rises slowly
- 91 Always, in odes
- 94 Neck part
- 95 West African tree
- 96 Oscar winner Guinness
- 97 Rhea relative
- 98 Monastery heads
- 99 Actress Danner
- 104 Wake — cold sweat
- 105 B soundalike
- 106 Macduff, e.g.
- 107 Tunesmith Harold
- 108 Pork product
- 110 Sir Arthur Conan —
- 111 Mules' sires
- 113 Landlocked African land
- 114 Tiny amount
- 115 Fanta, e.g.
- 116 Grandson of Adam
- 121 College dept.



King Crossword

- ACROSS
- 1 Fire residue
- 4 One of the Seven Dwarfs
- 7 Spruced up
- 11 Dazzle
- 13 Historic period
- 14 Related (to)
- 15 Caffeine-rich nut
- 16 Battle
- 17 Dissolve
- 18 Okefenokee, e.g.
- 20 Traditional tales
- 22 Conger, for one
- 24 The Enlight-ened One
- 28 Knot for human con-sumption?
- 32 Thin porridge
- 33 Apiece
- 34 Martini ingre-dient
- 36 Gumbo base
- 37 "Hogwash!"
- 39 Sleeping bag closers
- 41 Exact
- 43 Burst
- 44 Stole
- 46 Cardiff's peo-ple
- 50 Suitor
- 53 Uncooked
- 55 Hindu prin-cess
- 56 React with
- boredom
- 57 Clay, now
- 58 Mouthful of drink
- 59 — Stanley Gardner
- 60 Coop dweller
- 61 To the — degree
- garts
- 8 — out a living
- 9 Have a bug
- 10 Explosive letters
- 12 Old music-based game show
- 19 Candy known for its dis-pensers
- 21 Carpet
- 23 Lower limb
- 25 Top-ranking noble
- 26 Mr., in Munich
- 27 "Sad to say ..."
- 28 Energizes, with "up"
- 29 Grate
- 30 Reverberate
- 31 Claiborne of fashion
- 35 Pinch
- 38 Court
- 40 "Bam!"
- 42 O'Donnell of TV news
- 45 Hardy cab-bage
- 47 Home turf?
- 48 Fit of pee-vishness
- 49 Loft
- 50 "See ya"
- 51 Listener
- 52 Puncturing tool
- 54 Triumph
- DOWN
- 1 Requests
- 2 Pack away
- 3 Hawaiian dance
- 4 Morning moisture
- 5 Verbal
- 6 Chocolate substitute
- 7 B-list brag-

MAGIC MAZE ● HOODED WORDS

A I F D B D A D X F V T E Q O

M J H F O C O A U Y T W I S U

R P D N Y O L N J H F H D D D

D B Z O H X H G I R L H O O D

V T R N O O (S T A T E H O O D)

Q O A M O H K I L H F H H H D

D M B D D Z D Y W U T V E N O

T R L Q W O N L L N D K S I O

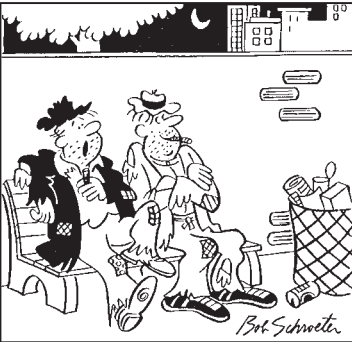
I U H F I D C A I Z X A L B H

M W V U N S R A Q H O N A O T

M K J I K H S F E D C B F R M

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Adulthood Ft. Hood Hoodwink Sainthood
- Boyhood Girlhood Manhood Statehood
- Childhood Hoodlum Mt. Hood Unhood
- Falsehood Hoods Robin Hood



"At least my ex-wife isn't bugging me
for _____ anymore!"

answer on page 28B

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Climb
LACES _____
Tip
THIN _____
Robust
DUSTRY _____
Disturb
MOPSIE _____

TODAY'S WORD

	2			8		5	
8			6				3
		7		9		6	
9			5		3		7
		1		7			8
	5		2			1	
		4	3				7
	8			6		4	
5				2		1	

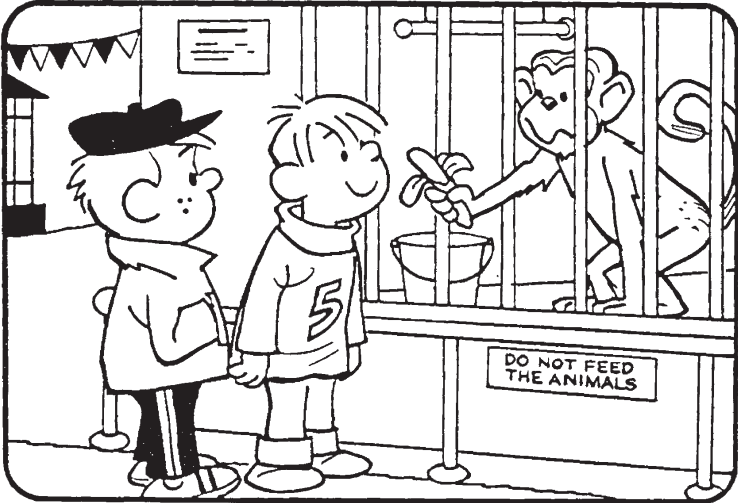
SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

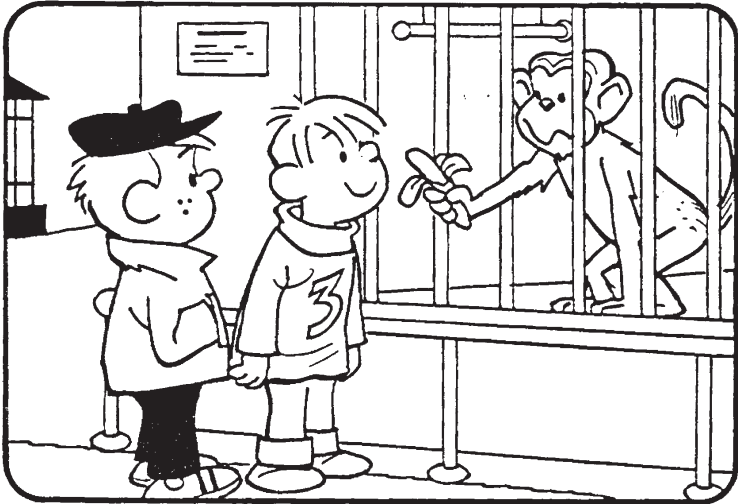
answer on page 29B

HOCUS-FOCUS

BY
HENRY BOLTIHOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Pennants are missing. 2. Stripe is missing. 3. Number is different. 4. Pail is missing. 5. Sign is missing. 6. Tail is different.

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Il Cielo has live entertainment with Scott McDonald on Wednesday, Thursday, Friday and Saturday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

The Jacaranda has live entertainment Friday and Saturday with The Riverside Band, playing classic rock and oldies. Loose Change plays contemporary, top 40 and dance on Sunday. On Monday, it's Renata, playing funk, jazz and contemporary. Sir Mitch plays classic rock, R&B and dance on Thursday.

The Mucky Duck on Andy Rosse Lane, Captiva features live music by Peter Redpath on Thursday and Sunday. Gary Earle plays Friday. Gene Federico performs on Saturday and Wednesday. Mark Dupuy plays on Monday. On Tuesday, it's Perry English.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.

Traditions on the Beach at Island Inn has live entertainment on Friday and Saturday with Woody Brubaker and Barbara Smith. Mike Arnone plays on Sunday.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.**

My Stars ★★★★★

FOR WEEK OF NOVEMBER 4, 2016

ARIES (March 21 to April 19) A work-related situation that started last month takes on increasing importance this week. The choice is still yours as to how it will evolve. Be careful not to make quick judgments.

TAURUS (April 20 to May 20) "Careful" is the watchword for the prudent Bovine this week. Don't let your emotions overwhelm your logic. Try for balance as you maneuver through a touchy situation.

GEMINI (May 21 to June 20) Your energy levels rise to meet the challenges that will mark much of this month. New opportunities beckon. Look them over, but proceed cautiously before making any kind of decision.

CANCER (June 21 to July 22) Your private life can be a problem this week, as a partner becomes more difficult. Resist a reaction you might regret. Instead of walking away, try to talk things out.

LEO (July 23 to August 22) You should be your usual sunny self these days, as you bask in the admiration you adore. Enjoy it as you move into a new arena to confront an exciting upcoming challenge.

VIRGO (August 23 to September 22) Your perseverance reserves will be tapped frequently this week as you deal with the problems involved in making a new situation work for you. But it'll all be worth it.

LIBRA (September 23 to October 22) You'll find fewer roadblocks turning up as you continue to move ahead with your plans. Expect some important news to come your way by mid-November.

SCORPIO (October 23 to November 21) Good news -- you finally get to the bottom of that pesky mystery you've been

trying to solve for weeks by using some gentle persuasion to get someone to break his or her silence.

SAGITTARIUS (November 22 to December 21) The best time to take on that important task is now. Move forward one step at a time so you can assess your progress and, if need be, change direction.

CAPRICORN (December 22 to January 19) The new opportunities you hoped to find this month are beginning to open up. Study them carefully to be sure you make the choice that's best for you.

AQUARIUS (January 20 to February 18) Turn a disappointment into a learning experience. Check out possible weaknesses in your approach and strengthen them. A loyal colleague offers good advice.

PISCES (February 19 to March 20) Your new situation offers opportunities to help you get the skills you'll need in order to stop swimming in circles and finally move straight toward your goals. Go for it.

BORN THIS WEEK: You have a sharp, logical mind and a quick intellect. You would make an excellent mystery writer.

THIS WEEK IN HISTORY

• On Nov. 12, 1889, DeWitt Wallace, founder of Reader's Digest, is born. By the end of the 20th century, the magazine had the largest circulation in the world, with more than 17 million readers in some 20 languages.

• On Nov. 10, 1903, U.S. Patent No. 743,801 is awarded to an Alabama woman named Mary Anderson for her windshield wipers. Anderson tried to sell the patent to a Canadian firm, but it said the device had no practical value.

• On Nov. 11, 1921, the Tomb of the Unknowns is dedicated at Arlington

National Cemetery in an Armistice Day ceremony. The Tomb of the Unknowns is considered the most hallowed grave at Arlington and has been guarded by sentinels 24/7 since 1937.

• On Nov. 13, 1953, Mrs. Thomas J. White of the Indiana Textbook Commission calls for the removal of references to the book "Robin Hood" from school textbooks, claiming it was communistic. Attacks on freedom of expression in the U.S. during the Red Scare resulted in a number of books being banned, including John Steinbeck's "The Grapes of Wrath."

• On Nov. 8, 1960, John F. Kennedy, 43, becomes the youngest man and first Roman Catholic ever to be elected president of the United States.

• On Nov. 9, 1971, John Emil List slaughters his family in their Westfield, New Jersey, home and then disappears for 18 years. List had methodically devised a plan, saying the family was going out of town. By the time authorities discovered the bodies, he had vanished. List was found in West Virginia in 1989.

• On Nov. 7, 1991, basketball legend Earvin "Magic" Johnson stuns the world by announcing his sudden retirement from the Los Angeles Lakers, after testing positive for the AIDS virus. Johnson was one of the first sports stars to go public about his HIV-positive status.

STRANGE BUT TRUE

• It was Bulgarian-French philosopher Tzvetan Todorov who made the following sage observation: "We should not be simply fighting evil in the name of good, but struggling against the certainties of people who claim always to know where good and evil are to be found."

• It's interesting to note that in 16 states, you won't pay taxes on the candy you buy for trick-or-treaters; for

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tax purposes, candy is categorized as groceries. Of course, there's room for debate over what qualifies as candy; breath mints and gum are usually included, along with the obvious -- chocolate bars, hard candies and such. The tax code can get even more detailed than that, though; for instance, in Florida (which taxes candy but not groceries), marshmallows are tax-exempt, but marshmallow candies are not.

• The seahorse is the only animal whose head is positioned at a right angle to its body.

• Recently retired sportscaster Vin Scully served 67 seasons as the play-by-play announcer for the Dodgers -- starting in Brooklyn in 1950, then moving with the team to Los Angeles in 1958 -- making him the longest-tenured broadcaster with with a single team in the history of professional sports. Over the years he's had many fans, including Chris Carter, creator of the long-running TV series *The X Files*. One of the main characters, Dana Scully (played by actress Gillian Anderson), was named for the sportscaster.

• In William Shakespeare's day, the sound of thunder often was described as a "rounce-robble-hobble."

THOUGHT FOR THE DAY

"Patriotism, n. Combustible rubbish ready to the torch of any one ambitious to illuminate his name. In Dr. Johnson's famous dictionary patriotism is defined as the last resort of a scoundrel. With all due respect to an enlightened but inferior lexicographer I beg to submit it is the first." -- Ambrose Bierce

SCRAMBLERS

solution
1. Scale; 2. Hint;
3. Sturdy; 4. Impose
Today's Word
ALIMONY

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SUPER CROSSWORD

N	E	S	S	I	E		S	A	O		R	S	V	P		B	Y	T	E	S	
E	T	C	E	T	C		A	T	L		A	M	E	R		R	O	A	C	H	
W	H	A	T	S	H	O	U	L	D		N	O	R	I		A	O	K	A	Y	
T	E	L		Y	O	U	C	A	L	L	A	G	A	M	E	W	H	E	R	E	
S	L	E	D				R	E	W	A	R	M	S			B	L	O	N	D	S
		A	U	R	A					T	O	O		A	R	B		O	A	S	T
A	G	R	O	U	P	O	F	P	I	N	K	F	L	E	S	H	E	D			
T	O	M		B	E	M	O	A	N		R	A	P		A	D	I	O	S		
R	O	O	M		N	E	T		T	E	E	N	E	R	S		V	A	T		
A	F	R	O		F	I	S	H	O	B	E	Y	A	L	E	A	D	E	R	S	
			R	C	A					B	O	L				L	T	D			
I	N	S	T	R	U	C	T	I	O	N	S	O	N	L	Y		A	B	R	A	
R	A	H		U	N	A	I	D	E	D		G	E	T		T	Y	R	O	S	
S	P	O	T	S		R	T	E			C	L	A	Y	E		I	D	A		
		W	H	E	N	T	H	E	Y	A	R	E	P	R	E	C	E	D	E	D	
A	B	B	A		A	S	E		O	L	E				R	O	M	E			
B	L	O	W	U	P		C	H	E	E	T	A	H			U	S	D	A		
B	Y	A	S	P	E	C	I	F	I	C	P	H	R	A	S	E	M	O	S		
O	T	T	O	I		H	O	L	M		S	A	L	M	O	N	S	A	Y	S	
T	H	E	U	N		A	T	A	B		U	N	E			D	O	C	I	L	E
S	E	R	T	A		D	A	T	E		P	E	N			A	S	I	D	E	S

KING CROSSWORD

A	S	H			D	O	C			N	E	A	T
S	T	U	N		E	R	A			A	K	I	N
K	O	L	A		W	A	R			M	E	L	T
S	W	A	M	P		L	O	R	E				
			E	E	L		B	U	D	D	H	A	
P	R	E	T	Z	E	L		G	R	U	E	L	
E	A	C	H		G	I	N		O	K	R	A	
P	S	H	A	W		Z	I	P	P	E	R	S	
S	P	O	T	O	N		P	O	P				
			T	O	O	K		W	E	L	S	H	
B	E	A	U		R	A	W			R	A	N	I
Y	A	W	N		A	L	I			S	W	I	G
E	R	L	E		H	E	N			N	T	H	

MAGIC MAZE

HOODED WORDS

The crossword puzzle features the following words:

- Vertical Words:**
 - D B O O U
 - D Y O N
 - D H G I R L H O O D
 - M A O H L W T E N O S I O A L B H A O T F
 - M U L I N K
 - D D D U T N D C
 - S
- Horizontal Word:**
 - N O O S T A T E H O O D

SUDOKU

4	2	6	7	3	8	9	5	1
8	9	5	6	2	1	7	4	3
1	3	7	4	9	5	6	8	2
9	6	8	5	1	3	2	7	4
2	4	1	9	7	6	5	3	8
7	5	3	2	8	4	1	6	9
6	1	4	3	5	9	8	2	7
3	8	2	1	6	7	4	9	5
5	7	9	8	4	2	3	1	6

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The Island Experience!
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LOAN NEEDED

Looking for private investor loan to consolidate personal debt. I live on Sanibel and can offer second mortgage on my home. Amount needed is \$150,000. This will payoff existing debt. Please respond to sanibelforme@hotmail.com
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Needs an Office & Activities Assistant
For job description and contact info, go to: CCAcaptiva.org/job-opportunity
*NS 11/4 CC 11/4

HELP WANTED

Live on the Island and looking for PT work 2-3 days per week. Flexible schedule. Call 472-4886.
*NS 11/4 BM TFN

DISHWASHER/UTILITY \$11/hr

Part Time Evenings Only on Sanibel
Clean sanitize dishes, kitchen areas.
Must have own transportation
Open Tues-Sat, hours 5-9 pm
Smoke Free Workplace
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Jason Gamache Landscaping
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Starting pay \$12.50 - 15. per hour
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GARAGE • MOVING • YARD SALES

GARAGE SALE

McGregor Woods Community Yard Sale
Saturday, November 5th 7-12
Don't miss this annual event.
Look for something?
WE HAVE IT and want to get rid of it!
*NS 11/4 CC 11/4

YARD SALE

11/4 9AM-2PM
9436 Yucca Ct, Gumbo Limbo, Sanibel. Some antiques, vintage, books, playmobil train; great, collection of eclectic items. No early birds please.
*NS 11/4 CC 11/4

GARAGE SALE

970 Palm Street
Saturday 8 am to 12 pm
Multi-family, LED Christmas lights/ sculptures, household goods, tools, artwork, plants, etc..
*NS 11/4 CC 11/4

Shell Point Praise Concert Series



The King's Brass photo courtesy Shell Point

Tickets are on sale for the 2016-2017 Season of Praise Concert Series, an annual presentation of sacred music and inspirational worship celebrations offered by The Village Church at Shell Point.

Six performances are scheduled, including singers, solo and instrumental ensembles, bells, orchestra and choirs, and a brass band. The artist roster and dates are:

- Fort Myers Symphonic Mastersingers – Sunday, November 13 at 6:15 p.m. The Fort Myers Symphonic Mastersingers and the debut of the City of Palms Youth Choir present a celebration of sacred songs.
- A Christmas Celebration – Sunday, December 11 at 6:15 p.m. A program by

ISLAND SUN BUSINESS NEWSMAKERS



Sonne McDonald



Sheri Perry



Robert Popoff



Jane Reader Weaver

Five real estate professionals recently joined John Naumann & Associates: Sonne McDonald, Sheri Perry, Robert Popoff, Jane Reader Weaver and Craig Wolf.*



Craig Wolf

To advertise in the *Island Sun*
Call 395-1213

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Metes And Bounds	Fort Myers	1947	5,312	\$1,495,000	\$1,390,000	46
Sanctuary At Wulfert	Sanibel	1999	3,152	\$1,398,000	\$1,200,000	203
Cape Coral	Cape Coral	2011	3,352	\$1,375,000	\$1,225,000	87
Pennyroyal	Bonita Springs	1994	3,372	\$1,150,000	\$1,000,000	1
Siesta Isles	Fort Myers Beach	1985	2,276	\$799,000	\$750,000	96
Longlake	Bonita Springs	1995	2,628	\$739,900	\$716,080	120
Cottages At Pelican Landing	Bonita Springs	1997	2,402	\$679,900	\$672,500	3
Paseo	Fort Myers	2012	2,329	\$619,000	\$600,000	40
Gulfhaven	St. James City	1999	2,183	\$589,000	\$565,000	107
Cape Coral	Cape Coral	2005	2,569	\$549,900	\$532,500	97

Courtesy of Royal Shell Real Estate

The Village Church choir, accompanied by the Celebration Ringers and the Southwest Florida Festival Orchestra, weaves Hal Hopson's classic arrangements into a service of lessons and carols that celebrate the joy of the season.

- Tim Zimmerman & The King's Brass – Sunday, January 8 at 6:15 p.m. The King's Brass blends three trumpets, three trombones, a tuba, percussion and keyboards for this performance that highlights classic hymn arrangements with a contemporary flair.
- Ballet Magnificat's *Deliver Us* – Thursday, February 2 at 7:15 p.m. The art of dance and drama takes the stage as Ballet Magnificat delivers a story about Moses and the enslaved Jewish people's cry for deliverance – a picture pointing to the Easter story and God's love for all people.
- *Of Wardrobes and Rings* – Sunday, March 12 at 6:15 p.m. Spend an evening with CS Lewis and JRR Tolkien at Oxford's historic Eagle and Child pub, tempered by thawing humor, confession and reconciliation.
- Easter Celebration with Stuart Neill – Sunday, April 16 at 6:15 p.m. Internationally acclaimed tenor soloist Stuart Neill sings classic hymns, sacred arias and art songs during this Easter evening concert celebration.

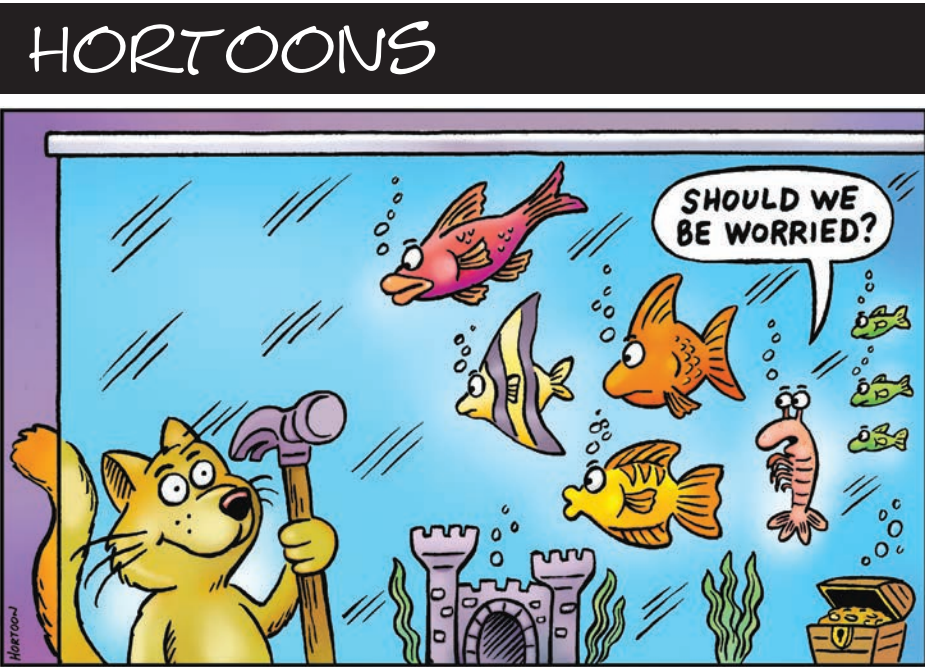
"As friends join together each week for worship services, these musical opportunities provide additional spiritual renewal and refreshment," said Randy Woods, minister of worship and music at The Village Church.

All concerts take place in The Village Auditorium, located at 15100 Shell Point Boulevard in Fort Myers. Non-refundable tickets are \$10 and are available online at shellpoint.org/seasonofpraise or by calling the church office at 454-2147.*

Volunteers To Collect Shoebox Gifts

Hundreds of Southwest Florida residents will transform empty shoeboxes into gifts filled with toys, school supplies and hygiene items from November 14 through 21. There are 14 drop-off locations that will serve as collection sites. The gifts will then be delivered by Samaritan's Purse's Operation Christmas Child to youngsters around the world living in the midst of poverty, war, disease or disaster.

For more information, visit samaritanspurse.org/occ or call Bonnie Hunkins at 215-527-2687.*





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More info & real estate blog at SanibelSusan.com

The SanibelSusan Team



Susan Andrews
Realtor®
Broker-Owner



David Anderson
Realtor®
Sales Associate



Lisa Murty
Realtor®
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Elise Carnes
Notary, Listing
Coordinator



NEW LISTING...537 Lake Murex Circle
Near-beach 3 bedrm 3 bath with elevator & new impact windows/doors, kitchen, & HVAC. \$949K



2010 Sunrise Circle
Spacious 4 bedrm 3 bath, with both family room & den (or 5th bedrm), pool, spa, & elevator. \$799K



Nutmeg Village #303
Top-floor, this view, & remodeled. Open white kitchen, breakfast bar, plantation shutters. \$799K



Sundial Resort #R401
Roomy top-floor corner 2 bedrm with den, tile floors, remodeled kitchen & tropical view. \$799K



Sand Pointe #122
Balcony updates just done. 2nd floor 2 bedrm with remodeled kitchen & baths, rental income. \$749K



Lighthouse Point #129
Fully-equipped roomy water-view 3 bedrm just one tier back from bay beach. \$649K



Cottage Colony West #136
Beachfront top-floor Casa Ybel Resort income-producer with annual income over \$90K. \$624.9K



Pointe Santo #C34
3rd floor delightfully-furnished 1 bedrm with direct view over lagoon to gulf, income too. \$599K



Loggerhead Cay #264
Top-floor 2 bedrm with turn-key rentals, grossing ~\$60K/year & pet-friendly. \$598.3K



533 Rabbit Road
Near-beach easy-living ground-level with many recent upgrades & sunny west-facing pool. \$548K



Coquina Beach #3G
2nd-floor 2 bedroom with high ceilings. Loft with gulf peek provides 3rd sleeping area. \$499K



Mariner Pointe #522
2nd floor 2 bedroom with living space expanded into glassed balcony, remodeled kitchen. \$449K



9441 Peaceful Dr
Wide home lot along back circle in Gumbo Limbo, sunny backyard borders preserved land. \$299K